

THE

Frankfortarian

THE OFFICIAL BULLETIN OF THE

ROTARY CLUB OF FRANKFORT

1800 Benson Valley Road, Frankfort, KY 40601

The weekly meeting of the Frankfort Rotary Club
airs on FPB's 'Cable 10' at 7pm Monday and 9am Tuesday

ROTARY CLUB OF FRANKFORT, KENTUCKY

DISTRICT 6710 • CLUB NO. 3717 • ORGANIZED DECEMBER 1922

Vol. No. LI

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January 21, 2025

Next Week's Meeting...

James Armstrong, MD is an American Board of Surgery board-certified general surgeon practicing at Frankfort's Capital Surgical Clinic. Prior to joining Capital Surgical, Dr. Armstrong worked in western Kentucky and southern Indiana where he practiced a broad range of general surgery procedures and techniques, including minimally invasive and robotic surgery.



Armstrong

Dr. Armstrong offers a wide range of general surgical procedures including robotic/minimally invasive repair of abdominal, groin and hiatal hernias. His commitment to patient education as well as his extensive experience in general and robotic surgery ensures the best possible outcome and recovery after surgery for his patients. Dr. Armstrong believes that by forming a partnership with patients they can truly understand their options and pursue the most appropriate treatment. His compassionate approach to care, clinical knowledge and skill set him apart from his peers.

Dr. Armstrong earned his medical degree from the University of Louisville in 2009 after completing his pre-medical education at Morehead State University in 2005. After finishing medical school Dr. Armstrong completed

five years of general surgical residency in Louisville as well. Following residency Dr. Armstrong practiced in Madisonville for many years focusing on a wide variety of general surgical operations as well as educating U of L medical students. He is a Fellow of the American College of Surgeons.

Opening Exercise and Greeter January 28, 2026

Opening exercise will be Mary Ellen Saks

Greeter will be Mary Ellen Saks

Raffle

Thanks to Bob Bullock for donating this week's raffle.



Thanks to Beth Covington for speaking to our club today.

Olayinka H. Babalola

2026-27 President
Rotary International

Rotary 

CREATE
LASTING
IMPACT



District Governor-elect Sherrill Smith and his wife Ruth just returned from an inspiring week at the Rotary International Assembly in Orlando with 534 DGEs from around the world. Inspired by RI President-Elect Olayinka H. Babalola's call to Create Lasting Impact. Proud to represent District 6710.

Board Action Jan. 21, 2026

Attending: Miranda Marston, Bill Scott, John Avent, Kristie Powe, Steve Dooley, Melony Smith, Alan Ramos, Grant Smith, Lee Troutwine, Mary Ellen Saks, Jacquelyn Ackerman, Tish Shade, Sherrill Smith, Bill Miller, Rachel Moore, and Paula Rarden.

- Acknowledge resignation of the following Rotarians: John Loyd, Carol Smith and Steve Varriano.
- Listened to financial report for December 2025 presented by John Avent.
- Approved having the Mardi Gras event this year on February 17, 2026 contingent upon getting a \$1,000 dollar sponsor by January 27, 2026. Miranda Marston made the motion, second by Kristie Powe.

- President Miranda reminds the board to keep in mind the club will be having its 2nd annual Froggatta.
- Membership director Tish Shade reported that she was still working on getting new members.
- International Service Director Bill Miller reported that he had lined up speakers for February 11th to February 28th lined up.
- Rotary Youth Fund president Bill Scott reported that the “Queen of Hearts” was right around \$7,500.
- Sergeant-at-Arms Steve Dooley reported that his group has the club’s cabinet and other items completely moved to the hotel and that soon they will move our sound system as well.
- Community/Public Relations director Kristie Powe reported that she is continuing to publicize information on the club through Facebook and other avenues.
- President-elect Grant Smith reported that he has most of the dates up through March for the speakers lined up.
- Scheduled next board meeting for February 18, 2026.

Rotary Dues Reminder

Just a reminder that the current Rotary Club dues are being sent via email to members. The Rotary dues notices were emailed to our members for the 1/1/26 to 6/30/26 period with several options to pay: Cash, Check, Money Order, and now Venmo by scanning the QR code below.



Attendance Pin Awarded

Lee Troutwine presents Barry Holder, Sr. with his 52 year perfect attendance pin.

OFFICERS AND BOARD OF DIRECTORS: 2025-26

	OFFICE	HOME	E-MAIL
President	Miranda Marston (859) 309-7260	(859) 489-0130	miramar1975@gmail.com
President-elect.....	Grant Smith (859) 221-8022		grant.smith@rjcorman.com
Treasurer	John Avent (502) 227-8609	(502) 223-5542	bethavent@gmail.com
Executive Secretary	Paula Rarden (502) 229-3018		radenfam@wmconnect.com
Sergeant-at-Arms	Dudley Ellis (502) 695-2615	(502) 553-7741	dudleyellis14@gmail.com
Sergeant-at-Arms	Steve Dooley (502) 226-0973		bubdooley51@yahoo.com
Dir. Club Service	Melony Smith (502) 400-5550	(502) 320-2297	melony@legacytitlecompany.net
Dir. Community Service/P.R.	Kristi Powe (502) 564-8100	(502) 352-3250	kristaferlynne@hotmail.com
Dir. Vocational Service	Kelley Anderson (502) 875-1481	(859) 582-8383	kelley.anderson@ffclc.com
Dir. International Service.....	Bill Miller (502) 418-0029		millerkyun@aol.com
Director, Youth Service.....	Andrew Kent (502) 223-2222		wa.kent3@gmail.com
Rotary Foundation	Kristen Cantrell (502) 875-1130		Kristin.cantrell@gmail.com
Dir. Membership & Orientation	Tish Shade (720) 202-0314	(502) 223-8261	tish@frankfortky.info
Advisory Director	Gary R. Stratton (502) 597-6912	(502) 209-0064	gary.stratton@kysu.edu

Francesco Arezzo
 Rotary Club of Ragusa, Italy
 President, Rotary International
 Dorsey Ridley, Henderson
 Governor of District 6710

The Rotary Club of Frankfort Meets Every
 Wednesday at the Capital Plaza Hotel,
 405 Wilkinson Blvd. from 11:45 a.m.–1 p.m.

NEIGHBORING CLUBS

Monday:	Eminence-Henry County Public Library	12:00 noon
	Owenton-Smith House	12:10 p.m.
Tuesday:	Lexington Sunrise-Shriners Hospital	7:00 a.m.
	Georgetown-Galvin's on Main (Downtown).....	12:00 noon
	Shelbyville-Centenary United Methodist.....	12:00 noon
Thursday:	Lawrenceburg-Anderson Co. Extension Ofc.....	12:00 noon
	Lexington-Fasig Tipton.....	12:00 noon
	Louisville-Galt House.....	12:10 p.m.

Frankfort Rotary Club website:
www.frankfort-rotary.org
 District website
www.rotarydistrict6710.org
 Rotary International
www.rotary.org/