

THE Frankfortarian

THE OFFICIAL BULLETIN OF THE
ROTARY CLUB OF FRANKFORT

1800 Benson Valley Road, Frankfort, KY 40601

The weekly meeting of the Frankfort Rotary Club airs on FPB's 'Cable 10' at 7pm Monday and 9am Tuesday

OFFICERS AND BOARD OF DIRECTORS: 2023-24

	OFFICE	HOME	E-MAIL
President	Tish Shade (720) 202-0314	223-8261	tish@frankfortky.info
President-elect	Gary Stratton (502) 597-6912	(502) 209-0064	gary.stratton@kysu.edu
President Nominee	Miranda Marston (859) 309-7260	(859) 489-0130	mmarston@stockton.com
Secretary/Treasurer.....	John Avent 227-8609	223-5542	bethavent@gmail.com
Sergeant-at-Arms.....	Dave Weller	(502) 635-6039	rotarydave6710@gmail.com
Sergeant-at-Arms.....	Steve Dooley	(502) 226-0973	bubdooley51@yahoo.com
Executive Secretary.....	Paula Rarden	229-3018	ardenfam@wmconnect.com
Dir. Club Service.....	Miranda Marston (859) 309-7260	(859) 489-0130	mmarston@stockton.com
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Dir. Vocational Service	Kelley Anderson (502) 875-1481	(859) 582-8383	kelley.anderson@ffcl.com
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Dir. Youth Service	Andrew Kent 223-2222		wa.kent3@gmail.com
Dir. Public Image	Diane Dehoney 352-2665	(859) 333-3581	dianedehoney@gmail.com
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Dir. Membership	Carol Smith 223-3553	229-9531	realtor.carolsmith@gmail.com

Gordon R. McNally, Lothian, Scotland
 Rotary Club of South Queens Ferry
 President, Rotary International

Tom D. Reed II, Springfield
 Governor of District 6710

NEIGHBORING CLUBS

Monday:	Eminence-Henry County Public Library	12:00 noon
	Owenton-Smith House	12:10 p.m.
Tuesday:	Lexington Sunrise-Shriners Hospital	7:00 a.m.
	Georgetown-Galvin's on Main (Downtown).....	12:00 noon
	Shelbyville-Centenary United Methodist.....	12:00 noon
Thursday:	Lawrenceburg-Anderson Co. Extension Ofc.....	12:00 noon
	Lexington-Fasig Tipton.....	12:00 noon
	Louisville-Galt House.....	12:10 p.m.

The Rotary Club of Frankfort Meets Every Wednesday at the American Legion #7, 164 Versailles Rd. from 11:45 a.m.-1 p.m.

Frankfort Rotary Club website:
www.frankfort-rotary.org

District website
www.rotarydistrict6710.org

Rotary International
www.rotary.org/

YEARS OF PERFECT ATTENDANCE

Barry K. Holder.....	49 Years
Terry Shockley	42 Years
Bill Miller	42 Years
Sherrill Smith	41 Years
Barry K. Holder, Jr.....	38 Years
Ed Dance.....	36 Years
Lee Troutwine	37 Years
Bob Bullock	35 Years
David Weller.....	28 Years
Steve Dooley	27 Years
John Loyd.....	13 Years
Ted Collins	12 Years
Richard Watkins.....	12 Years
John Avent.....	12 Years
Dudley Ellis	11 Years
RB Brown	10 Years
Don Dampier	10 Years
Richard Taylor.....	8 Years
Presley Winner.....	8 Years
Sallie Lanham	8 Years
Gordon Saks.....	8 Years
Mary Saks.....	8 Years
Joyce Honaker	5 Years
Tim Pennington	5 Years
Charlie Geveden	4 Years
Angela Bullock.....	3 Years
Gary Stratton	2 Years
Kristen Cantrell	1 Year
Diane Dehoney	1 Year
Tish Shade.....	1 Year

The Rotary Foundation Current Paul Harris Fellows

John Avent	Dudley Ellis	Wayne Onkst	Richard Taylor
Pat Badgett	Charles Geveden	Tim Pennington	Mary Thomas
Karen Bearden	George Gill +2	Paula Rarden	Christopher Thompson
RB Brown +2	Polly Green +2	Brenda Rice	Lee Troutwine +2
Angela Bullock +4	Teresa Hockensmith	Christine Richards	Tom Utterback
Bob Bullock +8*	Barry Holder, Jr. +1	Jim Richardson +1	Dennis Van Horn +1
Kristin Cantrell +8	Barry Holder, Sr. +8*	Bill Scott	Dick Watkins +1
Ron Christopher	Joyce Honaker +8*	Michael Scrivner +1	Dave Weller +8
Dustin Cole	Joe Johnson	Ien Sherill +8*	Presley Winner
Don Dampier +1	Arthur Kelly +1	Terry Shockley +6*	Jim Wolcott +1
Ed Dance +2	Harry Kirch +2	Sherill Smith	Orman Wright
Chuck Dickinson	Walter Wm. Leroy, Jr. +1	Frank Sower +8*	Paul Yancey
Steve Dooley +1	John Loyd +1	John Sower	
Don Dykman +1	Ann Maenza	Steve Stewart +6	
Dan Egbers +1	Bill Miller +8*	Maree Barney-Sutley	
Duane Ellis +1	Don Nunnally +1	Stephen Sutley	

*Major donors

THE
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ROTARY CLUB
OF
FRANKFORT, KENTUCKY
DISTRICT 6710 • CLUB NO. 3717 • ORGANIZED DECEMBER 1922

Service Above Self

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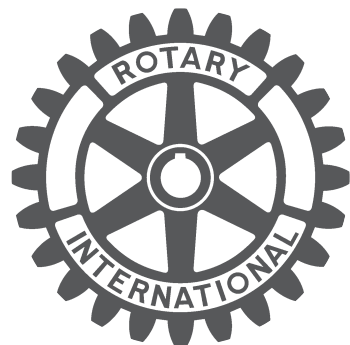
Next Week's Meeting...

State Rep. **Derrick Graham**, the top-ranking Democrat in the Kentucky House of Representatives, will speak to our club next week. He assumed office in 2003, and his current term ends on Jan. 1, 2025. Graham, who represents District 57, ran for re-election to the House of Representatives, and won in the general election in November 2022.



Graham

Graham's professional experience includes working as a teacher at Frankfort Independent



Schools and educator for the Commonwealth of Kentucky. He is a member of the Saint John African Methodist Episcopal Church, South Frankfort Community Center Board, Frankfort Education Association, Kentucky Education Association, and the National Education Association. He has been a Frankfort City Commissioner, and was Mayor Pro-Tem from 1992-2000.

He is a former member of the state YMCA Youth Association Board, Greenhill Cemetery Board, Franklin Co. Council on Family Abuse board, Frankfort Salvation Army Advisory Board, Frankfort Arts Foundation, South Frankfort Neighborhood Association, Big Brothers/Big Sisters, and was a student representative for the KSU Board of Regents.

Graham and his wife, Mildred, have two children.

Upcoming Programs

1/10/24: Fellow Rotarian Peter Smith, Alzheimer Association



A History of New Year's Resolutions

The ancient Babylonians are said to have been the first people to make New Year's resolutions, some 4,000 years ago. They were also the first to hold recorded celebrations in honor of the new year – though for them the year began not in January but in mid-March, when the crops were planted. During a massive 12-day religious festival known as Akitu, the Babylonians crowned a new king or reaffirmed their loyalty to the reigning king. They also made promises to the gods to pay their debts and return any objects they had borrowed. These promises could be considered the forerunners of our New Year's resolutions. If the Babylonians kept to their word, their (pagan) gods would bestow favor on them for the coming year. If not, they would fall out of the gods' favor – a place no one wanted to be.

A similar practice occurred in ancient Rome, after the reform-minded emperor Julius Caesar tinkered with the calendar and established January 1 as the beginning of the new year circa 46 B.C. Named for Janus, the two-faced god whose spirit inhabited doorways and arches, January had special significance for the Romans. Believing that Janus symbolically looked backwards into the previous year and ahead into the future, the Romans offered sacrifices to the deity and made promises of good conduct for the coming year.

For early Christians, the first day of the new year became the traditional occasion for thinking about one's past mistakes and resolving to do and be better in the future. In 1740, the English clergyman John Wesley, founder of Methodism, created the Covenant Renewal Service, most



commonly held on New Year's Eve or New Year's Day. Also known as watch night services, they included readings from Scriptures and hymn singing, and served as a spiritual alternative to the raucous celebrations normally held to celebrate the coming of the new year. Now popular within evangelical Protestant churches, especially African American denominations and congregations, watch night services held on New Year's Eve are often spent praying and making resolutions for the coming year.

Despite the tradition's religious roots, New Year's resolutions today are a mostly secular practice. Instead of making promises to the gods, most people make resolutions only to themselves, and focus purely on self-improvement (which may explain why such resolutions seem so hard to follow through on). According to recent research, while as many as 45 percent of Americans say they usually make New Year's resolutions, only eight percent are successful in achieving their goals. But that dismal record probably won't stop people from making resolutions anytime soon – after all, we've had about four millennia of practice.