

Periodicals Class Postage
PAID
 at FRANKFORT, KY 40601

YEARS OF PERFECT ATTENDANCE

Barry K. Holder	48 Years
Terry Shockley	40 Years
Bill Miller	40 Years
Sherrill Smith	39 Years
Ed Dance	36 Years
Barry K. Holder, Jr.....	36 Years
Lee Troutwine	35 Years
Bob Bullock	34 Years
David Weller.....	28 Years
Steve Dooley	27 Years
Don Dykman.....	23 Years
Pat Badgett	17 Years
Dennis VanHorn.....	15 Years
John Loyd.....	13 Years
Ted Collins	12 Years
Richard Watkins.....	12 Years
John Avent.....	11 Years
RB Brown	10 Years
Dudley Ellis	9 Years
Richard Taylor.....	8 Years
Tom Utterback	8 Years
Presley Winner.....	8 Years
Sallie Lanham	8 Years
Mike Scrivner.....	8 Years
Don Dampier	7 Years
Gordon Saks.....	7 Years
Mary Saks.....	7 Years
Teresa Hockensmith	6 Years
John Sower	5 Years
Joyce Honaker	5 Years
Brenda Rice	5 Years
Tim Pennington	5 Years
Charlie Geveden.....	4 Years
Angela Bullock.....	2 Years
Kristen Cantrell.....	1 Year
Maree Barney-Sutley.....	1 Year
Diane Dehoney	1 Year
Gary Stratton	1 Year

THE *Frankfortarian*

THE OFFICIAL BULLETIN OF THE
ROTARY CLUB OF FRANKFORT

P.O. Box 93, Frankfort, KY 40602
 The weekly meeting of the Frankfort Rotary Club
 airs on Cable 10 at 7pm Monday and 9am Tuesday

OFFICERS AND BOARD OF DIRECTORS: 2021-22

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 President, Rotary International
 Gail Story, South Oldham Co.
 Governor of District 6710

**The Rotary Club of Frankfort Meets Every
 Wednesday at the Capital Plaza Hotel
 From 11:45 a.m. Until 1:00 p.m.**

**Frankfort Rotary Club website:
<http://www.frankfort-rotary.org>
 District website www.rotarydistrict6710.org
 Rotary International www.rotary.org/**

NEIGHBORING CLUBS

Monday:	Eminence-Henry County Public Library	12:00 noon
	Owenton-Smith House	12:10 p.m.
Tuesday:	Lexington Sunrise-Shriners Hospital	7:00 a.m.
	Georgetown-Galvin's on Main (Downtown).....	12:00 noon
	Shelbyville-Centenary United Methodist.....	12:00 noon
Thursday:	Lawrenceburg-Anderson Co. Extension Ofc.....	12:00 noon
	Lexington-Fasig Tipton.....	12:00 noon
	Louisville-Galt House.....	12:10 p.m.

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SERVE TO CHANGE LIVES

Service Above Self

VOL. NO. XLVII

ISSUE NO. 10

March 9, 2022

Next Week's Meeting...

Col. (Retired) William M. Landrum III is a small business owner serving Greensburg, Kentucky and has over 45 years of world-wide military service, corporate, and state level experience in the areas of resource management and financial operations to include sensitive military intelligence and clandestine programs across DOD during both peace and war.



Landrum

Col. Landrum has a B.A. in Economics and was a Distinguished Military Graduate from the Virginia Military Institute and has an MBA (Accounting and Auditing) from the University of Kentucky. He has studied at the U.S. Army War College and the U.S. Army Command and General Staff College.

He has served the Commonwealth as Secretary of the Finance and Administration Cabinet, and is currently the State Finance Officer for the American Legion of Kentucky.

Raffle

This week's raffle item was donated by Dudley Ellis.

Attendance Pins Awarded

Congratulation to the following Rotarians who received their Perfect Attendance pins for February 2022: John Avent, 11 years; Mike Scrivner, eight years; and Angela Bullock, two years.

Make-Ups Needed for Mar. 9

Houston Barber	Judy Mattingly
Maree Barney-Sutley	Katina Mickens
Chris Boni	Jason Miller
John Browning	Chris Olds
Kristin Cantrell	Christine Richards
Will Coblin	Sonia Sanders
Dustin Cole	Tish Shade
Fred Deaton	Carol Smith
Michael DeCourcy	Calen Studler
Billie Dollins	Kwang Suh
Annette Dupont-Ewing	Stephen Sutley
Alex Fitzgerald	Jim Terrell
Teena Halbig	Dennis VanHorn
Donna Hecker	Richard Watkins
Teresa Hockensmith	Amzie Wenning
Joyce Honaker	Tyler West
Austin Horn	Rodney Williams
Mark Kopp	Paul Yancey
Cathy Lindsey	Gary Zheng
Sam Marcus	

Thank You !

We would like to say a special thank you to Poppy's Bakery for providing the delicious doughnuts for our last week's Wednesday's meeting and this Wednesday's meeting.

Board of Directors Meeting

The board will meet immediately after the regular meeting on March 16, 2022. All are welcome to attend.

An early start to a giving heart

by Heidi Stevens

When Elise Zwicky's three children were 10, 13, and 14, they organized a ragtag carnival in the backyard of their Pekin, Illinois, home and invited their neighbors and friends to join the fun.

They charged admission, sold snacks, and raised a couple hundred dollars, which they donated to the Pulmonary Hypertension Association, a nonprofit that advocates for patients who suffer from the chronic heart and lung condition. Zwicky was diagnosed with pulmonary hypertension when Sean, her youngest, was 4 years old. The fundraising carnival was his idea.

Philanthropy, experts say, can be a powerful tool for children to gain a sense of agency and hope in the face of challenging circumstances.

"It helps kids feel like, 'I'm a doer,'" says Katie Hurley, a child and adolescent psychotherapist and author of *The Happy Kid Handbook: How to Raise Joyful Children in a Stressful World*. "The world is hard and there are big problems, but I can be a problem-solver."

Practicing philanthropy also plants seeds for skills that children will use well into their adult years. "It teaches them problem-solving, financial literacy, compassion, a sense of community," says Traci Baxley, a diversity, equity, and inclusion consultant and author of *Social Justice Parenting: How to Raise Compassionate, Anti-Racist, Justice-Minded Kids in an Unjust World*. "To know that their act of kindness can have ripple effects in the world can empower kids to do more."

Parents can start cultivating their child's inner philanthropist by modeling frequent generosity.

"And not just with things," Baxley says, "but with their time, attention, and unconditional

love — with extended family and the community. Just like everything else that we teach children — getting dressed, tying their shoes, reading — children need to see it demonstrated and practiced over and over until it becomes automatic." One-time philanthropic acts, like making a donation or volunteering one shift during the holidays, she says, "won't give you the results that you're looking for."

When her own children were younger, Baxley and her husband gave them three jars labeled "save," "spend," and "give" for money they received through allowance or gifts. There are also debit cards designed for young people that offer the option to automatically donate a portion of the child's money to a charity of their choosing.

The choosing, Hurley said, is an important step in helping kids feel like philanthropists, rather than simply rule-followers. "Carve out the time to learn together about organizations and how kids want to help," Hurley says. "When we say, 'You have to do this,' that's not intrinsic motivation. That's a mandate."

Those conversations can be a window into your child's passions, hopes, and fears, and can also be an opportunity to get kids thinking about larger social issues.

"Equity and injustices are topics that even young children are capable of comprehending when discussed in an age-appropriate way," Baxley says. "Teaching our children to have a great work ethic is extremely necessary. Still, we also want our children to know that when they have an abundance of something, part of their responsibility to the human village is to share it with others."

This story appeared in the January 2022 issue of Rotary magazine. Read the rest at www.rotary.org/en/early-start-giving-heart