

Periodicals Class Postage  
**PAID**  
 at FRANKFORT, KY 40601

## Raffle

This week's raffle item was donated by John Avent.

### YEARS OF PERFECT ATTENDANCE

Barry K. Holder.....	47Years
Terry Shockley.....	40Years
Bill Miller.....	40Years
Sherrill Smith.....	39Years
Ed Dance.....	36Years
Barry K. Holder, Jr. ....	36Years
Lee Troutwine.....	34Years
Bob Bullock.....	34Years
David Weller.....	28Years
Steve Dooley.....	27Years
Polly Green.....	24Years
Don Dykman.....	23Years
Pat Badgett.....	17Years
Dennis VanHorn.....	15Years
John Loyd.....	13Years
Ted Collins.....	12Years
Richard Watkins.....	12Years
RB Brown.....	10Years
John Avent.....	10Years
Dudley Ellis.....	9 Years
Richard Taylor.....	8 Years
Tom Utterback.....	8 Years
Presley Winner.....	8 Years
Sallie Lanham.....	8 Years
Don Dampier.....	7 Years
Mike Scrivner.....	7 Years
Gordon Saks.....	7 Years
Mary Saks.....	7 Years
Teresa Hockensmith.....	6 Years
John Sower.....	5 Years
Joyce Honaker.....	5 Years
Brenda Rice.....	5 Years
Tim Pennington.....	5 Years
Charlie Geveden.....	4 Years
Angela Bullock.....	1 Year
Kristen Cantrell.....	1 Year
Maree Barney-Sutley.....	1 Year

# THE Frankfortarian

THE OFFICIAL BULLETIN OF THE  
**ROTARY CLUB OF FRANKFORT**

P.O. Box 93, Frankfort, KY 40602

The weekly meeting of the Frankfort Rotary Club  
 airs on Cable 10 at 7pm Monday and 9am Tuesday

### OFFICERS AND BOARD OF DIRECTORS: 2021-22

	OFFICE	HOME	E-MAIL
President.....	Diane Dehoney	352-2665 (859) 333-3581	<a href="mailto:dianedehoney@gmail.com">dianedehoney@gmail.com</a>
President-Elect.....	Gary Stratton	597-6912 (276) 393-4495	<a href="mailto:gary.stratton@kysu.edu">gary.stratton@kysu.edu</a>
Secretary/Treasurer.....	John Avent	227-8609 223-5542	<a href="mailto:bethavent@gmail.com">bethavent@gmail.com</a>
Sergeant-at-Arms.....	Chuck Dickinson	223-4156	<a href="mailto:yellowrv@gmail.com">yellowrv@gmail.com</a>
Executive Secretary.....	Paula Rarden	229-3018	<a href="mailto:rardenfam@wmconnect.com">rardenfam@wmconnect.com</a>
Dir. Club Service.....	Tish Shade (720) 202-0314	223-8261	<a href="mailto:tish@frankfortky.info">tish@frankfortky.info</a>
Dir. Community Service.....	Sonia Sanders	597-6063 (270) 452-9028	<a href="mailto:sonia.sanders@kysu.edu">sonia.sanders@kysu.edu</a>
Dir. Vocational Service.....	Calen Studler	320-1397	<a href="mailto:calen@studler.com">calen@studler.com</a>
Dir. International Service.....	Bill Miller	223-0512	<a href="mailto:millerkyun@aol.com">millerkyun@aol.com</a>
Dir. Youth Service.....	Andrew Kent	223-2222	<a href="mailto:wa.kent3@gmail.com">wa.kent3@gmail.com</a>
Dir. Public Relations.....	Donna Hecker (859) 846-4732	330-5835	<a href="mailto:donnahecker@aol.com">donnahecker@aol.com</a>
Membership Committee.....	Carol Smith	223-3553 229-9531	<a href="mailto:realtor.carolsmith@gmail.com">realtor.carolsmith@gmail.com</a>
Chair, Community Beautification..	Gordon Saks	682-1283	<a href="mailto:gordonsaks@hotmail.com">gordonsaks@hotmail.com</a>
Advisory Director.....	Donna Hecker (859) 846-4732	330-5835	<a href="mailto:donnahecker@aol.com">donnahecker@aol.com</a>

Shekhar Mehta, West Bengal, India  
 Rotary Club of Calcutta-Mahanagar  
 President, Rotary International  
 Gail Story, South Oldham Co.  
 Governor of District 6710

**The Rotary Club of Frankfort Meets Every  
 Wednesday at the Capital Plaza Hotel  
 From 11:45 a.m. Until 1:00 p.m.**

**Frankfort Rotary Club website:  
<http://www.frankfort-rotary.org>  
 District website [www.rotarydistrict6710.org](http://www.rotarydistrict6710.org)  
 Rotary International [www.rotary.org/](http://www.rotary.org/)**

**NEIGHBORING CLUBS**

<b>Monday:</b>	<b>Eminence-Henry County Public Library.....</b>	<b>12:00 noon</b>
	<b>Owenton-Smith House.....</b>	<b>12:10 p.m.</b>
<b>Tuesday:</b>	<b>Lexington Sunrise-Shriners Hospital.....</b>	<b>7:00 a.m.</b>
	<b>Georgetown-Galvin's on Main (Downtown).....</b>	<b>12:00 noon</b>
	<b>Shelbyville-Centenary United Methodist.....</b>	<b>12:00 noon</b>
<b>Thursday:</b>	<b>Lawrenceburg-Anderson Co. Extension Ofc.....</b>	<b>12:00 noon</b>
	<b>Lexington-Fasig Tipton.....</b>	<b>12:00 noon</b>
	<b>Louisville-Galt House.....</b>	<b>12:10 p.m.</b>

The Frankfortarian (USPS-384510) is published weekly by the Rotary Club of Frankfort, Paula Rarden, 1800 Benson Valley Rd., Frankfort, KY. Subscription price is \$1.00 per year. Periodicals Class Postage paid at Frankfort KY 40601. Postmaster: Send address changes to The Frankfortarian, P.O. Box 93, Frankfort, KY 40602.



**SERVE TO CHANGE LIVES**

THE  
*Frankfortarian*  
ROTARY CLUB  
OF  
FRANKFORT, KENTUCKY  
DISTRICT 6710 • CLUB NO. 3717 • ORGANIZED DECEMBER 1922

*Service Above Self*

VOL. NO. XLVI

ISSUE NO. 37

**September 29, 2021**

***Next Week's Meeting...***

Camp Brown Bear, located in Frankfort, was founded in 2015 by Steven and Sabrina Brown and provides emotional and physical recovery, in the wilderness, year-round. It's a safe natural and peaceful setting to help reconnect the mind and body,



**Steven and Sabrina Brown**

through education, service animals and building self-efficacy. Veterans suffering from post-traumatic stress disorder, traumatic brain injury and military sexual trauma have high levels of anxiety, depression, and psycho-social problems. Camp Brown Bear would like to be part of the solution by immersing veterans into the wilderness, giving sense of purpose while participating in projects, building camaraderie, introducing the participants to holistic modalities like equine therapy, restorative yoga, meditation, acupuncture, thai chi, music and art therapy, and guided journaling to name a few. They stay physically

active during camp projects, hiking, kayaking, and canoeing. The evenings are spent bonding around a campfire. Giving the participants a safe, relaxing, peaceful, stress-free place to spend their days helps them recuperate and sleep restfully, helping process their trauma.

Steven is a retired Navy SEAL, and during his 20+ year career he made numerous deployments to Afghanistan and Iraq, tallying over 250 combat operations. For his actions he was awarded the Silver Star and many other individual awards. Sabrina is an Associate Professor and researcher at the University of Kentucky; her research includes preventing veteran violent death. Learn more at [www.campbrownbearusa.org](http://www.campbrownbearusa.org)

**Make-ups Needed for Sept. 29**

- |                      |                    |
|----------------------|--------------------|
| Kelley Anderson      | Kathy Lindsey      |
| Houston Barber       | Sam Marcus         |
| Maree Barney-Sutley  | Judy Mattingly     |
| Chris Boni           | Katina Mickens     |
| Bill Bowker          | Jason Miller       |
| MC Brown             | Melinda Nunley     |
| RB Brown             | Chris Olds         |
| John Browning        | Brenda Rice        |
| Kristin Cantrell     | Christine Richards |
| Will Coblin          | Sonia Sanders      |
| Dustin Cole          | Sherry Sebastian   |
| Don Dampier          | Tish Shade         |
| Ed Dance             | Sherrill Smith     |
| Fred Deaton          | Calen Studler      |
| Michael DeCourcy     | Kwang Suh          |
| Chuck Dickinson      | Stephen Sutley     |
| Steve Dooley         | Jim Terrell        |
| Annette Dupont-Ewing | Chris Thompson     |
| Alex Fitzgerald      | Tom Utterback      |
| Donna Hecker         | Dennis VanHorn     |
| Teresa Hockensmith   | Dick Watkins       |
| Barry Holder         | Dave Weller        |
| Joyce Honaker        | Amzie Wenning      |
| Austin Horn          | Tyler West         |
| Zachary Horn         | Rodney Williams    |
| Harry Kirch          | Paul Yancety       |
| Mark Kopp            | Gary Zheng         |
| Sallie Lanham        |                    |

**Scotland's McInally selected to be 2023-24 RI President**

*By Ryan Hyland • from www.rotary.org*

Gordon R. McInally, a member of the Rotary Club of South Queensferry, Lothian, Scotland, is the selection of the Nominating Committee for President of Rotary International for 2023-24. He will be declared the president-nominee on 1 October if no challenging candidates have been suggested.



**McInally**

McInally lauded Rotary's ability to adapt technologically during the COVID-19 pandemic, saying the approach should continue and be combined with the best of our past practices as Rotary seeks to grow and increase engagement.

"We have learned there is a willingness within communities to care for one another," he says, "and we must ensure that we encourage people who have recently embraced the concept of volunteering to join us to allow them to continue giving service."

McInally says that senior leaders' ability to communicate directly with club members online will be one positive legacy of the changes Rotary has had to make. But, he adds, "face-to-face meetings remain important, as they encourage greater interaction."

The best way to increase membership is engagement, according to McInally. To better support clubs, he says, Rotary International, regional leaders, and district teams all need to engage with them. Engagement through social media will reinforce Rotary's brand and showcase the opportunities that come with it. And, he says, engagement with governments, corporations, and other organizations will lead to meaningful partnerships.

With better engagement, McInally says, "We will grow Rotary both by way of membership and in our ability to provide meaningful service."

He adds, "Membership is the lifeblood of our organization. I would encourage the use of the flexibility now available to establish new-style clubs that would appeal to a different demographic."

McInally, a graduate of dental surgery at the University of Dundee, owned and operated his own dental practice in Edinburgh. He was the chair of the East of Scotland branch of the British Paedodontic Society and has held various academic positions. He has also served as a Presbytery elder, chair of Queensferry Parish Congregational Board, and commissioner to the church's general assembly.

A Rotary member since 1984, McInally has been president and vice president of Rotary International in Great Britain and Ireland. He has also served Rotary International as a director and as member or chair of several committees. He is currently an adviser to the 2022 Houston Convention Committee and chair of the Operations Review Committee.

McInally and his wife, Heather, are Major Donors and Benefactors of The Rotary Foundation. They are also members of the Bequest Society.

