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The weekly meeting of the Frankfort Rotary Club airs on Cable 10 at 7pm Monday and 9am Tuesday

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NEIGHBOR	ING CLUBS		
Monday:	Eminence-Henry County Public Library	12:00	noon
	Owenton-Smith House	12:10	p.m.
Tuesday:	Lexington Sunshine-LaFayette Club	7:00	a.m.
	Georgetown-Golden Corral	12:00	noon
	Shelbyville-Centenary United Meth	12:00	noon
	Versailles-At the Hospital	12:00	noon
Thursday:	Lawrenceburg-Anderson Public Library	12:00	noon
	Lexington-Fasig Tipton	12:00	noon
(Louisville-Galt House	12:10	p.m.

The Rotary Club of Frankfort Meets Every Wednesday at the Capital Plaza Hotel From 11:45 a.m. Until 1:00 p.m.

Frankfort Rotary Club website: http://www.frankfort-rotary.org
The URL for the district website is http://www.rotarydistrict6710.org
Rotary International Website is http://www.rotary.org/

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Service Above Self

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January 9, 2013

Next Week's Speaker...

Dr. Rand Paul is the junior United States Senator for Kentucky. Elected in 2010, he has proven to be an outspoken champion for constitutional liberties and fiscal responsibility, and a warrior against government overreach. Among his first



legislative proposals: cutting \$500 billion in federal spending and a plan to balance the federal budget in just five years. He has since introduced similar bills with growing support. In the Senate, Rand serves on the Foreign Relations, Health, Education, Labor and Pensions, Homeland Security and Government Affairs, and Small Business committees.

A graduate of Duke University School of Medicine, Rand was a practicing ophthalmologist in Bowling Green, Ky., for 17 years.

In 1995, he founded the Southern Kentucky Lions Eye Clinic, an organization that provides eye exams and surgery to needy families and individuals. Today, even as a U.S. Senator, he continues to provide pro-bono eye surgery to Kentuckians in need of care.

Rand has been a vocal advocate for term limits, a balanced-budget amendment, a Read the Bills Act, and an audit of the Federal Reserve. He has gained prominence for his independent positions on many political issues.

Rand has been married for over 20 years to Kelley Ashby of Russellville, Ky., and they have three sons. He is the son of former Republican Congressman and presidential candidate Ron Paul of Texas.

Make-ups for Jan. 2

William Elam

John Sower

Attendance Percentage: 74%

Make-ups Needed for Jan. 9

Larry Arnett Michael Ball Nathaniel Bebe Brian Booth Richard Boyer **RB** Brown Kristin Cantrell Mary Clinton David Cobb Ted Collins Boyce Crocker Gary Crumbaugh Dan Egbers William Elam Shirley Elkin Don Flinn **Gregory Fuchs**

Christina Harrison Frank Haynes Lloyd Hillard Douglas Howard Carmen Inman William Legg

Larry Luebbers
Scott McCoun

Jason Middleton

John Norfleet Chris Olds

Phillip Shepherd

Fred Snyder John Sower

Steve Tobin

Larry Tracey Katherine Walden

Larry Hadley Jim Wolcott

Board Meeting Date Change

The monthly board meeting has been changed to Monday, January 14, 2013 at 5 p.m. at the First Federal Building on Main Street.

Well Said...

"Many men go fishing all of their lives without knowing that it is not fish they are after."

-Henry David Thoreau

Global grant provides clean water for Turkish schools, builds Rotary awareness

From www.rotary.org

Turkish Rotarians have provided 2,500 students in four schools in Adana, Turkey, with new toilets and clean water facilities through a water and sanitation project supported by a Rotary Foundation global grant.

The project, sponsored by the Rotary clubs of Adana-Cukurova, Turkey, and Frutal, Minas Gerais, Brazil, demonstrates how Rotary's new grant model can enable Rotarians to reach more people in need and make a larger and more lasting impact by involving the community, having a measurable outcome, and building in sustainability.

The effort also shows how the grant model can be used to increase the public's awareness of Rotary. The Turkish club sponsored concerts by a chorus of Rotarians and Rotaractors in Istanbul and Adana, and arranged newspaper and television coverage, which helped raise funds for the project and publicize Rotary's role.

Assessing local needs

The Turkish Rotarians began conducting a needs assessment in January 2011 to come up with a project that improved health and hygiene at local schools. The club is in District 2430, part of the Future Vision pilot, which is testing the Rotary Foundation's new grant model in advance of it being applied to all districts in July 2013.

After determining the shape of their project, the Rotarians sought an international sponsor, and discovered through RI's LinkedIn group that District 4770, also in the pilot, was looking for a partner for a global grant project with a focus on health.

The two districts stayed in contact through the Future Vision LinkedIn group, and later submitted a global grant application, with the Frutal club serving as international partner. The project addressed

two of Rotary's areas of focus: water and sanitation and disease prevention and treatment.

Implementing the project

In July 2011, after the grant's approval, members of the Turkish club renovated bathrooms in the four schools, providing new toilets, wash basins, floor and wall tiles, electrical wiring, and other improvements. Project funding included US\$12,500 from the District Designated Funds of the two districts, \$7,100 in cash donations, and a \$16,050 global grant from the Foundation.

Four months later, club members, including two doctors, joined Rotarians from another club in training teams of teachers, administrators, and parents at each school how to instruct the students in good hygiene practice to prevent diseases like diarrhea, Guinea worm, and hepatitis. The teams were charged with monitoring the students' progress.

Ensuring sustainability

To make sure the project continues to have an impact after its May 2012 conclusion, Rotarians posted colorfully illustrated signs on bathroom walls to remind the students about good practices, such as washing their hands, flushing toilets, and turning off the faucets to save water. Rotarians also organized an art and essay contest, with prizes, to keep the students focused on good hygiene and disease prevention. The contest is now part of an annual school event called Hygiene Day.

"We decided that sustainability can be achieved by putting hygiene into [the students' daily lives] and not just by teacher trainers' warnings," said Adana-Cukurova club member Tugrul Yegenaga in the final report for the global grant. The report also notes that when the students eventually become parents, they will pass on what they've learned to their children.

Measuring outcome

To measure the project's impact, the Rotarians who trained the parent/teacher/administrator teams visited the schools every month to observe how the teams were performing. They visited each school six times to assess student hygiene habits. Rotarians also determined that soap use had increased 300 percent in 2011 compared to the previous year.