

## **ROTARY CLUB** OF

FRANKFORT, KENTUCKY

DISTRICT 6710 · CLUB NO. 1295 · ORGANIZED DECEMBER 1922

Service Above Self

XXI VOL. NO.

ISSUE NO.

#### ANNOUNCEMENTS

Don't Miss Rotary If You Can't Make Up

JANUARY 3, 1996

RAFFLE: This week's raffle item was donated by Polly Green. It was a \$25.00 Gift Certificate from Yagel's Hardware. The winner was Ed Speer.

RAFFLE ITEM FOR JANUARY 10th will be donated by Barry K. Holder, Jr. It will be a \$25 Gift Certificate from Jubilee Dragon.

TOTAL RAFFLE COLLECTION: \$44.00

## NEXT WEEK'S SPEAKER

Next week's speaker will be Tom Bennett, Commissioner for the Department of Fish & Wildlife.

#### ROTARY FOUNDATION REPORT

District 6710 from the Rotary Foundation shows that total giving through October was \$10,678.

### THIS WEEK'S SPEAKER

The speaker for the day was former governor Brereton C. Jones. He called being governor a fabulous experience which was frustrating at the beginning. He enjoyed being governor more at the end of his term because he had learned how to do the job. He was not an insider in the Wilkinson administration so he was not really prepared to take over the job. After the helicopter crash, he realized he was worrying too much about what people thought of him instead of doing the right thing. For example, he believes that every Kentuckian has a right to health care although 400,000 Kentuckians are without health insurance. Although government does not really do a good job as the private sector concerning such matters, there is a role for government in being a referee. He reused to take a position based on what was popular but on what was right. He had a program called "Open Door after Four" when any citizen could come in and see the governor. Governor Jones listed serveral accomplishments of his administration (1) The atate was \$370 million in debt when he took office but he left a \$300 million surplus when he left office. He downsized state government through attrition and decreased state employment by 2000. \$50 million a year was saved this way. (2) 2000,000 more private sector jobs were created (3) 50,000 fewer people are on welfare (4) Ethics legislation was passed (5) Campaign finance reform was passed (6) The Succession Amendment was approved (7) The way university trustees were appointed was The monthly contribution report to improved (8) Natural Resources Cabinet was reorganized in a more efficient matter. He thanked Frankfort for the warm way he and his family were treated here during his term as governor and

lieutenant governor.

## MAKE-UPS FOR DECEMBER 27th

Bob Bullock John Chenault Roger Coomes Ron Durham, Jr. Chuck Ellestad Laura Graham

Ed Hatchett, Jr. Mike Lile Rene' Siria Ed Speer Kurt Vezner David Weller Ann Wingrove

ATTENDANCE PERCENTAGE: 75.53%

The following Rotarians need make-ups for JANUARY 3rd:

Bill Aitken Jose Bollar Jim Brockman Steven Gale Jim Graves Ed Hatchett, Jr. Christopher Hill John Loyd

Don Nunnelly

Bill May

Mike Oder Dick Richards Perry Ryan Sherrill Smith Ron Tyrer Kurt Vezner Linda Wireman

This attendance column is published for your information. If you see any errors call Paula Rarden, 223-3401.

## VISITING ROTARIANS

Walter Baker Bob Kincer Bob Botkin

Glasgow Lawrenceburg Lexington

## GUEST OF ROTARIANS

Katie Brown Lowell Reese Mitzi Bender Julian Carroll Davis Bates Louis Bates

RB Brown John Paul David Cobb John Paul Ann Wingrove

### NOTE CORRECTIONS

Nancy Edwards has 2 Years of Perfect Attendance.

#### WELCOME TO ROTARY

We welcome the newest member of our club, Steve Vincent. Steve was introduced by Asa Tipton. His Classification will be General Merchandise-Discount Marketing.

We look forward to sharing Rotary fellowship and service with Steve in the years to come.

HAPPY BIRTHDAY to the following Rotarians who will celebrate their birthdays in JANUARY:

Jose Bollar Bob Bullock John Chenault Davie Cobb Laura Graham Barry Holder Barbara Howard Bob Johnston John Loyd Carol Palmore Tom Potts Amand Storment Lee Troutwine Bill Wingfield



## 1996 Float Theme Inspired by "Peanuts"

"Lending a Helping Hand" was the theme of Rotary's 1996 entry in the Rose Parade in Pasadena, California. It featured Charlie Brown on skates hanging onto one end of a blanket while Linus holds the other and spins in the air.

BILL YOUNT	49	YEARS
FRANK SOWER ASA TIPTON LEN SHIRRELL	49	YEARS
ASA TIPTON	42	YEARS
ED DAVIS	42	YEARS
HUR PERDEW	35	VEARS
CHARLIE HINDS	32	YEARS
ED DAVIS HUB PERDEW CHARLIE HINDS BARRY K. HOLDER, SR.	22	YEARS
OLLIE LEATHERS	21	YEARS
JIM SMITH	21	YEARS
DUANE ELLIS		
LERCY SMITH  BILL MILLER  TERRY SHOCKLEY  DEAN SORG  SHERRILL SMITH  TED COLLINS  ED DANCE  JACK OWENS  WALLACE KENT  JIM GRAVES  BARRY K. HOLDER, JR.  JOHN CHENAULT	14	VEARS
TERRY SHOCKLEY	14	YEARS
DEAN SORG	13	YEARS
SHERRILL SMITH	13	YEARS
TED COLLINS	12	YEARS
ED DANCE	12	YEARS
WALLACE VENT	11	VEADS
IIM GRAVES	11	YEARS
BARRY K. HOLDER, JR.	10	YEARS
JOHN CHENAULT	10	YEARS
RB BROWN	10	YEARS
JOHN CHENAULT	10	YEARS
JOE RUSSELL JOHNSON	9	YEARS YEARS YEARS YEARS YEARS
CHUCK WILLIS JIM BROCKMAN JIM RICHARDSON	9	VEADS
IIM PICHAPDSON	9	VEARS
ED SPEER	9	YEARS
GUS RIDGEL	9	TEARS
CARL FUDGE, JR	9	YEARS
GUS RIDGEL CARL FUDGE, JR	9	YEARS
RON TYRER	8	YEARS YEARS
BOR BOLLOCK	8	YEARS
LEE TROUTWINE RON TYRER BOB BULLOCK ROGER COOMES DENNIS KING ETHEL MCCRAY JOHN GILLIG KURT VEZNER JOHN GILLIG KURT VEZNER	7	YEARS
ETHEL McCRAY	7	YEARS YEARS
JOHN GILLIG	6	YEARS YEARS
KURT VEZNER	6	YEARS
JOHN PALMORE	6	YEARS
JOHN PALMORE BOB JOHNSTON JOHN SOWER LUARA GRAHAM STEVE DOOLEY GRANVILLE COBLIN	5	VEADS
LAURA GRAHAM	5	YEARS
STEVE DOOLEY	5	YEARS
GRANVILLE COBLIN	4	YEARS
BILL MAY	- 4	TEAKS
BILL AITKEN	4	YEARS
RENE SIRIA'	4	YEARS
LINDA WIDEMAN	3	VEARS
RENE SIRIA' CLAY HULETTE LINDA WIREMAN DAVID WELLER GREGORY FUCHS	3	YEARS YEARS YEARS YEARS YEARS
GREGORY FUCHS	3	YEARS
JOE JOHNSON	2	YEARS
DICK RICHARDS	2	YEARS
BILL WINGFIELD	2	YEARS
GREGORY FUCHS JOE JOHNSON DICK RICHARDS BILL WINGFIELD GARY SCOTT HENRY LEADINGHAM FRANK DAILEY ANNIAMACROVE	2	VEADS
FRANK DAILFY	2	YEARS
FRANK DAILEY	2	YEARS YEARS YEARS
ANN WINGROVE	2	YEARS
RON DURHAM, JR	2	YEARS
RICHARD TAYLOR	1	YEAR
POLLY GREEN	1	VEAR
PEDRY DVAN	1	YEAR
DON ARMSTRONG	1	YEAR
TOM COLTEN	1	YEAR
		YEAR
NANCY EDWARDS	- 1	YEAR YEAR
BARBARA HOWARD	1	YEAR

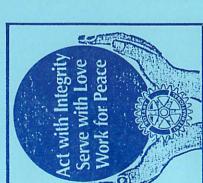
#### THE FOUR-WAY TEST

Of things we think, say or do

- 1) Is it the TRUTH?
- 2) Is it FAIR to all concerned?
- 3) Will it build GOOD WILL and BETTER FRIENDSHIP &
- 4) Will it be BENEFICIAL to all concerned?

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John & Carol Palmore 2310 Peaks Mill Road Frankfort, KY 40601



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Herbert G. Brown, President ROTARY INTERNATIONAL Clearwater, Florida Anne Robertson, Governor
District 6710
Fulton, Kentucky

#### **OFFICERS AND BOARD OF DIRECTORS: 1995-1996 OFFICE** HOME 227-2403 875-3785 875-5050 227-4929 Secretary-Treasurer ..... Ethel McCray 223-3549 573-2382 Sergeant-at-Arms ...... Larry Arnett 564-8561 875-4803 875-3508 695-6039 Director of Community Service ...... Ed Dance 564-5230 223-2422 875-5223 223-5240 868-9087 573-8300 223-4640 Advisory Director ...... Barry K. Holder, Jr. 695-4921 223-3401 227-9573

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	RING CLUBS
Monday:	Versailles-Senior Citizen Center 6:15 p.m.
	Owenton-Smith House
Tuesday:	Georgetown-Golden Corral Steak 12.15 p.m.
	Shelbyville-Centenary United Meth 12:00 noon
Thursday:	Lawrenceburg-Anderson Co. Library 12:00 noon
	Eminence-421 Rest. Market at Pleasureville 7:00 p.m.
	Lexington-Continental Inn 12:00 noon
	Louisville-Galt House 12:10 p.m.
	Louisville-Galt House

Please Direct All Rotary Club Mail to: P.O. BOX 93 FRANKFORT, KENTUCKY 40602



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FRANKFORT, KENTUCKY

DISTRICT 6710 · CLUB NO. 1295 · ORGANIZED DECEMBER 1922

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Don't Miss Rotary If You Can't Make Up JANUARY 10, 1996

RAFFLE: This week's raffle item was donated by Barry Holder, Jr. It was a \$25 Gift Certificate from Jubilee Dragon.

TOTAL RAFFLE COLLECTION: \$45.00

## NEXT WEEK'S SPEAKER

Next week's speaker will be Doug Flynn. His topic is "Champions Against Drugs".

## GUEST OF ROTARIANS

Christine Lile

Mike Lile

VISITING ROTARIANS

Walter Baker

Glasgow

#### THIS WEEK'S SPEAKER

The speaker for the day was Tom Bennett, Fish and Wildlife Commissioner. The Commission is comprised of nine members who are appointed geographically. The governor must choose from a list of five names from the local jurisdictions. The Commission is bipartisan with no more than five members being members of the same political party. His department is self-supporting from license fees for hunting and fishing and federal excise taxes. It is not state funded. Tom listed some of the accomplishments of his department in the last year. (1) The Nature Center has opened with bob cats, giant turtles, birds and the Rocky Mountain Elk. (2) On December 29, an agreement was made with the Melon Foundation for a grant to develop an nature preserve in Ohio County. (3) Hunting season has been changed in West Kentucky to accomodate farmers. (4) A 20,000 nature preserve has been developed in Marshall County. (5) His department now has a computerized license system and licenses can be printed on the spot. (6) Outdoor women's workshop has been expanded with the League of Kentucky Sportsmen which is a three day program in three Kentucky parks. (7) Kentucky Afield has been changed from Thursday to Saturday nights. (8) A new program has been established for children known as Kentucky Afield for Kids which goes directly into 500 classrooms via the Star Channel. (9) The federal fish hatchery will not be allowed to close if federal money dries up. (10) Hunter education programs are on KET. (11) The Water Patrol is now part of Fish and Wildlife instead of being under Natural Resources

Continued....

(12) New regulations have been adopted for personal watercraft. Tom is of the opinion that there are too many free licenses. His department loses \$2.2 million a year due to free licenses. Instead of free licenses he proposes a discount system. He concluded his talk by stating that he is always looking for new ways to get landowners to open up posted property.

#### MAKE-UPS FOR JANUARY 3rd

Bill Aitken	John Loyd
Jose Bollar	Dick Richards
Jim Brockman	Sherrill Smith
Jim Graves	Kurt Vezner
Ed Hatchett, Jr.	

ATTENDANCE PERCENTAGE: 92.55%

The following Rotarians need make-ups for JANUARY 10th:

Don Armstrong	Bill May
Pat Badgett	Carol Palmore
Jim Boyd	Gary Scott
Ted Collins	Sherrill Smith
Ed Dance	Jeanne Suchane
Ed Davis	Kurt Vezner
Ron Durham, Jr.	David Weller
Nancy Edwards	Bill Wingfield
Ed Hatchett, Jr.	Linda Wireman
Don Hines	Bill Yount
Barbara Howard	
John Loyd	

This attendance column is published for your information. If you see any errors call Paula Rarden, 223-3401.



CONGRATULATIONS to those Rotarians who received their perfect attendance pins in JANUARY 1996:

	Ed Hatchett, Jr.	1	Year
	Gus Ridgel	10	Years
Ì	Bob Bullock	9	11
	Ethel McCray	8	11
	Bill Miller	15	11
	Ed Speer	10	11
	John Loyd	11	11
	Lee Troutwine	10	11

Please remember fellow Rotarian John Palmore who is in the Jewish Hospital in Louisville recovering from Open Heart surgery.

#### THOUGHT FOR THE DAY

There's no advantage in being two steps ahead of the other guy, if you're both going in the wrong direction.



BILL YOUNT FRANK SOWER ASA TIPTON LEN SHIRRELL ED DAVIS HUB PERDEW CHARLIE HINDS BARRY K. HOLDER, SR OLLIE LEATHERS JIM SMITH DUANE ELLIS LEROY SMITH BILL MILLER TERRY SHOCKLEY DEAN SORG SHERRILL SMITH TED COLLINS ED DANCE	49	YEARS
FRANK SOWER	49	YEARS
IFN SHIRRELL	42	YEARS
ED DAVIS	42	YEARS
HUB PERDEW	35	YEARS
RAPPY Y HOLDER SP	32	YEARS
OLLIE LEATHERS	21	YEARS
JIM SMITH	21	YEARS
DUANE ELLIS	21	YEARS
RILL MILLER	14	YEARS
TERRY SHOCKLEY	14	YEARS
DEAN SORG	13	YEARS
TED COLLINS	12	YEARS
ED DANCE	12	YEARS
JACK OWENS	12	YEARS
ED DANCE JACK OWENS WALLACE KENT JIM GRAVES BARRY K. HOLDER, JR. JOHN CHENAULT RB BROWN JOHN LOYD JOE RUSSELL JOHNSON CHUCK WILLIS JIM RBOCKMAN	11	YEARS
BARRY K HOLDER IR	10	YEARS
JOHN CHENAULT	10	YEARS
RB BROWN	10	YEARS
JOHN LOYD	10	YEARS
CHUCK WILLIS	9	YEARS
JIM BROCKMAN	9	YEARS
JIM BROCKMANJIM RICHARDSON		ILAND
ED SPEER GUS RIDGEL CARL FUDGE, JR. LEE TROUTWINE	9	YEARS YEARS
CARL FUDGE. IR.	9	YEARS
LEE TROUTWINE	9	YEARS
		YEARS YEARS
BOB BULLOCK	8	YEARS
DENNIS KING	_/	YEARS YEARS YEARS
ETHEL McCRAY	7	YEARS
JOHN GILLIGKURT VEZNER	6	YEARS YEARS YEARS YEARS
IOHN PALMORE	6	YEARS
BOB JOHNSTON	6	YEARS
KURT VEZNER  JOHN PALMORE  BOB JOHNSTON  JOHN SOWER  LAURA GRAHAM  STEVE DOOL EY	5	YEARS
STEVE DOOLEY	5	YEARS YEARS
STEVE DOOLEY	4	YEARS
BILL MAY	- 4	YEARS
BILL AITKEN	4	YEARS
RENE SIRIA'	3	YEARS
LINDA WIREMAN	3	VEARS
DAVID WELLER	3	YEARS
CLAY HULETTE LINDA WIREMAN DAVID WELLER GREGORY FUCHS JOE JOHNSON DOCK BICKLANDS	3	YEARS YEARS YEARS YEARS YEARS
DICK RICHARDS	2	YEARS
JOE JOHNSON DICK RICHARDS BILL WINGFIELD GARY SCOTT HENRY LEADINGHAM FRANK DAILEY	2	YEARS
GARY SCOTT	2	YEARS
HENRY LEADINGHAM	2	YEARS YEARS
ANN WINGROVE		YEARS
BILL LEROY	- 2	YEARS YEARS
RON DURHAM, JR.	2	YEARS
RICHARD TAYLORPOLLY GREEN	1	YEAR YEAR
JOHN PAUL	1	YEAR YEAR YEAR YEAR
JOHN PAUL PERRY RYAN	1	YEAR
DON ARMSTPONG	1	YEAR
TOM COCKLEY		YEAR
NANCY EDWARDS	1	YEAR
BARBARA HOWARD	. 1	YEAR
HAL LEATHERBY	1	YEAR

#### THE FOUR-WAY TEST

Of things we think, say or do

- 1) Is it the TRUTH?
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District 6710
Fulton, Kentucky

## **OFFICERS AND BOARD OF DIRECTORS: 1995-1996**

		OFFICE	HOME
President	Jim Richardson	227-2403	875-3785
President-Elect	Jack Owens	875-5050	227-4929
Secretary-Treasurer	Ethel McCray	573-2382	223-3549
Sergeant-at-Arms	Larry Arnett	564-8561	875-4803
Director of Club Service	Dave Weller	875-3508	695-6039
Director of Community Service	Ed Dance	564-5230	223-2422
Director of Vocational Service	Ann Wingrove	223-5240	875-5223
Director of International Service	Greg Fuchs	573-8300	868-9087
Advisory Director Ba	arry K. Holder, Jr.	223-4640	695-4921
Executive Secretary	Paula Rarden	223-3401	227-9573

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Monuay:	Versailles-Senior Citizen Center 6:15 p.m
	Owenton-Smith House 12:10 p.m
Tuesday:	Georgetown-Golden Corral Steak 12.15 p.m
	Shelbyville-Centenary United Meth 12:00 noo
Thursday:	
	Eminence-421 Rest. Market at Pleasureville 7:00 p.m
	Lexington-Continental Inn 12:00 noo
	Louisville-Galt House         12:10 p.m           Capital City-Bullfrogs Restaurant         6:30 p.m
	Canital City-Bullfrogs Restaurant 6:30 p.m

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FRANKFORT, KENTUCKY 40602



# **ROTARY CLUB** OF

## FRANKFORT, KENTUCKY

DISTRICT 6710 · CLUB NO. 1295 · ORGANIZED DECEMBER 1922

Service Above Self

VOL. NO.

ISSUE NO.

3

## ANNOUNCEMENTS

Don't Miss Rotary If You Can't Make Up

JANUARY 17, 1996

RAFFLE: This week's raffle item was donated by Jeanne Suchanek. It was a "Kentucky Trivia Book". The winner was John Loyd.

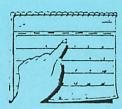
TOTAL RAFFLE COLLECTION: \$40.00

## NEXT WEEK'S SPEAKER

Next week's speaker will be Michael Morran. His topic will be on Mental Health.

## FRANKFORT ROTARY CLUB BOARD MEETING

There will be a Board meeting of January 22, 1996 at 5:00 p.m. at the Frankfort Electric and Water Plant Board.



#### THIS WEEK'S SPEAKER

The speaker for the day was Doug Flynn, former player for the Cincinnati Reds (14 years) and former director of Champions Against Drugs (9years). In 1986, the program known as Champions Against Drugs was started. We have a major problem with drugs in Kentucky. More prevention and education worked in the past but we are cutting this today and putting more money into law enforcement. There is much apathy in the public. This is why organizations like Rotary are important to stand for what is right and good. We need to be more active in the school systems. What is needed is more money in programs we know will work. Federal money is about to run out and is being replaced with block grants. Doug has seen first hand what drugs has done to his own family and his community. Doug issued a challenge to us to make a difference in our community and state.

## FRANKFORT ROTARY YOUTH FUND WILL MEET

The Frankfort Rotary Youth Fund will meet Thursday, January 25th at 5 p.m. at Gabriel's.

## CLASSIFICATIONS AVAILABLE

BARBER SHOP/BEAUTY SALONS

BEVERAGES, ALOCOHOLIC Beverages, Distribution
Liquor Distilling
Retail

BOATING -Sales Repair

#### MAKE-UPS FOR JANUARY 10th

Don Armstrong
Pat Badgett

Ed Dance
Borrill Smith
Ed Davis
Ron Durham, Jr.

Nancy Edwards

Barbara Howard

John Loyd

Sherrill Smith

Kurt Vezner

David Weller

Bill Yount

ATTENDANCE PERCENTAGE: 90.43%

The following Rotarians need make-ups for JANUARY 24th:

Ron Durham, Jr. Mike Oder
Don Dykman Paul Rice
Ed Hatchett, Jr. Frank Sower
Barry K. Holder, Jr. Ron Tyrer
Bob Johnston Chuck Willis
Pat Layton Linda Wireman
Mike Lile Bill Yount
Bill May Steve Vincent

This attendance column is published for your information. If you see any errors call Paula Rarden, 223-3401.

## In Brief

\*Members of the Rotary Club of Rhodes, Greece, believe in renewal. They have signed the registry for donation of their bodily organs, in the case of accidental death, to persons awaiting such lifesaving transplants. They are also enthusiastic participants in another kind of life-enhancing effort. Recently they helped plant 600 trees in the Ephylles area.

...from Rotary World

#### MEMBERSHIP DEVELOPMENT

- every member's concern

Every Rotarian shares responsibility for bringing others into Rotary; it's both a privilege and obligation of membership. It's also a necessity if clubs are to remain strong and vital. President Herb Brown is urging all clubs to seek out young mean and women who possess the qualifications and potential to be Rotarians.

The Calgary Challenge, which was set to recognize record membership growth in two categories — clubs with fewer than 50 members and those with 51-199 members — now includes a third category: clubs with 200 or more members. The governor and spouse of the winning district, as well as the presidents and spouses of the top clubs from each of the three categories (if applicable) will be invited to the Calgary Convention at RI expense.

The president's Two New Member Program will give special recognition in the form of a signed certificate to individual Rotarians who recruit two or more new members during the year. Every club member should take advantage of this opportunity.

...from Rotary World..

#### THOUGHT FOR THE DAY

"Sports serve society by providing vivid examples of excellence."

...George F. Will

BILL YOUNT		VE + DC
BILL YOUNI	49	YEAKS
BILL YOUNT FRANK SOWER ASA TIPTON LEN SHIRRELL ED DAVIS HUB PERDEW CHARLIE HINDS BARRY K. HOLDER, SR. OLIZE LEATHERS JIM SMITH DUANE ELUS LEROY SMITH BILL MILLER	49	YEARS
ASA TIPTON	42	YFARS
I EN CLUDDELL	42	VEADE
LEN SHIKKELL	42	TEAKS
ED DAVIS	42	YEARS
HUB PERDEW	35	YEARS
CHAPLIE HINDS	32	VEADS
DARRY LOLDED CD	22	VEADE
BARRY K. HOLDER, SK.	22	TEAKS
OLLIE LEATHERS	21	YEARS
IIM SMITH	21	YEARS
DUANEFILIS	21	VEADS
LEDOV CLUTTI		VELDE
LEKOY SMITH	19	YEAKS
BILL MILLER	14	YEARS
TERRY SHOCKLEY	14	YFARS
LEROY SMITH BILL MILLER TERRY SHOCKLEY DEAN SORG SHERRILL SMITH TED COLLINS ED DANCE JACK OWENS WALLACE KENT JIM GRAVES BARRY K. HOLDER, JR. JOHN CHENAULT RB BROWN	12	VEADC
DEAN SORG	13	VEADO
SHERRILL SMITH	13	YEARS
TED COLLINS	12	YEARS
FD DANCE	12	YFARS
IACK OMENIC	12	VEADE
JACK OVVENS	12	TEAKS
WALLACE KENT	111	YEARS
IIM GRAVES	11	YEARS
BAPPY K HOLDER ID	10	VEARS
DARKI K. HOLDER, JR	10	VEADE
JOHN CHENAULT	10	YEARS
RB BROWN	10	YEARS
IOHN LOVD	10	YFARS
JOT BUSCELL TOTAL CONT		VEADE
JOE KUSSELL JOHNSON	9	TEAKS
CHUCK WILLIS	9	YEARS
IIM BROCKMAN	9	YEARS
IN DICUADOCON	0	VEADE
JIM RICHARDSON	3	TEARS
ED SPEER	9	YEARS
GUS RIDGEL	9	YEARS
CAPI FLIDGE ID	Q	YEARS.
LEE TROUBLE	ó	VEADC
LEE IROUIWINE	9	TEAKS
RON TYRER	- 8	YEARS
ROB BUILLOCK	8	YEARS
POCER COOMES	g	VEADS
JOHN CHENAULT RB BROWN JOHN LOYD JOE RUSSELL JOHNSON CHUCK WILLIS JIM BROCKMAN JIM RICHARDSON ED SPEER GUS RIDGEL CARL FUDGE, JR. LEE TROUTWINE RON TYRER BOB BULLOCK ROGER COOMES DENNIS KING	-	VEADS
DENNIS KING	7	YEARS
ETHEL McCRAY	7	YEARS
IOHN GILLIG	6	YFARS
VIDT VEZNER	6	VEADE
KUKI VEZNEK	О	TEAKS
JOHN PALMORE	6	YEARS
BOB IOHNSTON	6	YEARS
IOHN SOWER	5	YEARS
JOHN SOVER	Ę,	VEADE
LAURA GRAHAM	9	TEAKS
STEVE DOOLEY	- 5	YEARS
GRANVILLE CORLIN	4	YEARS
DILL MAY	4	VEADE
BILL MAY	**	TEARS
BILL AITKEN	- 4	YEARS
RENE SIRIA'	4	YEARS
CLAY HUILETTE	3	YEARS
LINIDA MUDENANI	5	VEADE
LINDA VVIKEMAN	3	LEAKS
DAVID WELLER	3	YEARS
GREGORY FUCHS	3	YEARS
IOF IOHNSON	2	YEARS
DICK DICK TODG	2	VEADO
DICK KICHARDS	- 4	TEAKS
BILL WINGFIELD	2	YEARS
GARY SCOTT	2	YEARS
LIENDY LEADING HAM	2	VEARS
HENKT LEADINGHAM	- 4	TEARS
ROGER COOMES DENNIS KING ETHEL McCRAY JOHN GILLIG KURT VEZNER JOHN PALMORE BOB JOHNSTON JOHN SOWER LAURA GRAHAM STEVE DOOLEY GRANVILLE COBLIN BILL MAY BILL MAY BILL MAY BILL AND BILL AURTHE LINDA WIREMAN DAVID WELLER GREGORY FUCHS JOE JOHNSON DICK RICHARDS BILL WINGFIELD GARY SCOTT HENRY LEADINGHAM FRANK DAILEY ANN WINGROVE BILL LENGTH AND	2	YEARS
ANN WINGROVE	2	YEARS
PILL LEPOV	2	VEARS
DOLL DUBLIAN ID	2	VEADO
KON DURHAM, JR	2	TEAKS
RICHARD TAYLOR	- 1	YEAR
RON DURHAM, JR. RICHARD TAYLOR. POLLY GREEN	1	YEAR
POLIT GREEN JOHN PAUL PERRY RYAN DON ARMSTRONG TOM COLTEN TOM COCKLEY NANCY EDWARDS BARBARA HOWARD	-	YEAR
JUHIN PAUL		VEAR
PERRY RYAN	1	YEAR
DON ARMSTRONG	1	YEAR
TOM COLTEN	1	YEAR
TOM COLICIA		VEAD
TOM COCKLEY	1	YEAR
NANCY EDWARDS	1	YEAR
RARRARA HOWARD	1	YEAR
LAL LEATHERRY		MEAD

#### THE FOUR-WAY TEST

Of things we think, say or do

- 1) Is it the TRUTH?
- 2) Is it FAIR to all concerned?
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- 4) Will it be BENEFICIAL to all concerned?

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Rotary Club of Frankfort Paula Rarden P.O. Box 93 Frankfort, Kentucky 40602

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# THE OFFICIAL BULLETIN OF THE ROTARY CLUB OF FRANKFORT

Paula Rarden, Executive Secretary P.O. Box 93 • Frankfort, Kentucky 40602

Herbert G. Brown, President ROTARY INTERNATIONAL Clearwater, Florida Anne Robertson, Governor
District 6710
Fulton, Kentucky

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223-4640

223-3401

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227-9573



## **ROTARY CLUB**

OF

## FRANKFORT, KENTUCKY

DISTRICT 6710 · CLUB NO. 1295 · ORGANIZED DECEMBER 1922

Service Above Self

VOL. NO.

ISSUE NO.

#### **ANNOUNCEMENTS** Don't Miss Rotary If You Can't Make Up

JANUARY 24, 1996

RAFFLE: This week's raffle item was donated by Barry Holder. It was a mens Polo Cologne Set. The winner was Terry Shockley .

TOTAL RAFFLE COLLECTION: \$35.00

## NEXT WEEK'S SPEAKER

Next week's speaker will be Les Merker.

## MEMBERSHIP NOTE!!!

The new revised Frankfort Rotary Club By-Laws will be at the front sign in desk again Jan. 31st meeting. Members need to review them for a vote on Feb. 7th meeting.

#### MAKE-UPS FOR JANUARY 24th

ATTENDANCE PERCENTAGE: 94.62%

Ron Durham, Jr. Frank Sower Don Dykman Chuck Willis Ed Hatchett, Jr. Barry K. Holder, Jr.

Bill Yount Mike Lile

## ACTION TAKEN BY THE BOARD ON

## JANUARY 22, 1996

(Attended by Jim Richardson, Ed Dance, Jack Owens, Greg Fuchs, Ann Wingrove, Ethel McCray, Dave Weller and Paula Rarden)

- 1.) Approved board minutes of the November 27, 1995 meeting.
- 2.) Acknowledged the 1996 Olympic Games will be at Georgia, U.S.A. Rotary Dist. 6900, 6910 & 6920 invite us to share fellowship of Rotary with a private Home Stay in Georgia. July 9th to August 10, 1996.
- 3.) Acknowledge 1996 RI Convention in Calgary, Alberta, Canada June 23-26. 4.) Acknowledged the 1997-98 Ambassad-
- orial Scholarship deadline is May 1996.
- 5.) Acknowledged World Affairs Seminar at whitewater. Board voted to drop from club funding.
- 6.) Denied Gift of Life program.
- 7.) Denied request for funding to PUSH.
- 8.) Approved Leave-of-Absences for John Gillig 12/13/95 to 4/30/96, Elliot Jones 11/26/95 to 12/27/95, John Palmore 1/10/96 to 2/14/96, Linda Wireman 1/1/96 to 7/1/96, Jeanne Suchanek 2/7/96 to 5/1/96, Done Hines 1/7/96 to 5/1/96, Hal Leatherby 1/1/96 to 7/1/96. and Bill May 1/1/96 to 6/3/96.
- 9.) Acknowledged letter of resignation from Christopher Hill.
- 10.) Approved Hub Perdew as a Honarary Rotarian.
- 11.) Approved the ordering of a membership badge for visiting Rotarian, Sen. Walter Baker of Glasgow, Kentucky.
- 12.) Discussed letter form Brandon Bridges for funds to go to France to study - High School Sophmore. Referred to Gregory Fuchs.

- 13.) Discussed the completion of the new Frankfort Rotary Club By-Laws. Directors to review and present copies to membership on 1/24/96. A vote will be taken from membership on the meeting of 2/7/96.
- 14.) Approved the tenative dates of 6/26/96 or 7/3/96 for the Installation Banquet. It will be held during a regular lunch meeting.
- 15.) Approved Ollie Leather to be a exempt from Rotary attendance.
- 16.) Discussed City of Frankfort Sister Cities request for \$1000. Deferred action until next board meeting.
- 17.) Discussed possible funding for Mike Schimmoeller - Solar Cooker request for \$1000. Deferred to later date.
- 18.) Discussed Fireside Chats sub committee reports. Copies are being made by Paula for Directors review.
- 19.) Acknowledged District Conference will be May 17-19 Paducah, Kentucky.
- 20.) Acknowledged PETS meeting will be March 15-16 in Lexington.
- 21.) Acknowledged World View will be March 13th.
- 22.) Acknowledged the Group Study Exchange April-May.
- 23.) Discussed that the Club has a possible candidate for the KYRIE program this year.
- 24.) Discussed the the tenative Work Place tour for sometime in the Spring of 1996 at the KSU's Acuaculture Center. Lee Troutwine is cooridinating.
- 25.) Discussed the R.I. Significant Achievement Award. There will be one per District given.
- 26.) Scheduled February 26, 1996 as the next board meeting.

## THIS WEEK'S SPEAKER

The speaker for the day was Dr. Michael Morran who is a practicing psychiatrist with Comprehensive Care in Frankfort. His topic was mental health and what it was like to be psychotic. Psychosis is a symptom and not a disease. Examples include manic episodes or a psychoses. The most common is the auditory hallucination with voices saying demeaning things about the patient. Sometimes the voices talk to each other. There are also command hallucinations which urge the patient to kill himself or hurt someone else. However, it is rare that psychotic people are violent. The second type of psychosis is delusional where a fixed idea is out of context with reality. Their ideas are as real to them as our ideas are to us. An example can be delusions about a conspiracy. The third type of psychosis is referential thinking where the patient is constantly inspecting the world and everthing has to do with the patient. One example is a subject who thinks he is being told to do lewd things over the TV. They think the television person is talking directly to them. With this psychosis, you are in the middle of the world and everything has to do with you. Teh fourth type is thought broadcasting where other people can read your mind. There is no privacy with this type of psychosis because very thought you are having can be read by others. Dr. Morran's goal is to enable these people to live in the community outside the institutionalized setting.

Tune in on Tuesday, January 30th at 8:30 p.m. channel 10's "Frankfort Global Connection" TV program to hear a discussion (and sideshow) about Frankfort's Sister Cities Program.

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Frankfortarian

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# OFFICERS AND BOARD OF DIRECTORS: 1995-1996

		OFFICE	HOME
President	Jim Richardson	227-2403	875-3785
President-Elect	Jack Owens	875-5050	227-4929
Secretary-Treasurer	Ethel McCray	573-2382	223-3549
Sergeant-at-Arms	Larry Arnett	564-8561	875-4803
Director of Club Service	Dave Weller	875-3508	695-6039
Director of Community Service	Ed Dance	564-5230	223-2422
Director of Vocational Service	Ann Wingrove	223-5240	875-5223
Director of International Service	Greg Fuchs	573-8300	868-9087
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Executive Secretary	Paula Rarden	223-3401	227-9573

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## **ROTARY CLUB** OF FRANKFORT, KENTUCKY

DISTRICT 6710 · CLUB NO. 1295 · ORGANIZED DECEMBER 1922

Service Above Self

VOL. NO. XXI

ISSUE NO.

#### ANNOUNCEMENTS

Don't Miss Rotary If You Can't Make Up

JANUARY 31, 1996

RAFFI.E: This week's raffle item was donated by Ed Janeway. It was a Converlet & Potpourri. The winner was Tim Fyffe.

TOTAL RAFFLE COLLECTION: \$43.00

## NEXT WEEK'S SPEAKER

Next week's speaker will be our own fellow Rotarian, Bill Miller. His topic is "A kick-off for World Understanding Month: RI and the UN: Building a Better World".

## NOTE CORRECTION:

The Patterson School of Diplomacy informed Charlie Hinds that World View would be on March 8, 1996.

#### THIS WEEK'S SPEAKER

This week's speaker was Les Merkel a noted motivational speaker and fitness consultant to a number of corporations and agencies, including NASA. He talked about prevention of health problems and maintenance of good health. 96% of health dollars are spent on fixing problems, 4% on maintenance. each extra pound of fat adds miles of blood vessels. Percent of overweight people age 45-55 is greater than percent of overweight people age 75-85. Lesson: overweight people do not make it to age 75-85. DO NOT DIET. Just eat lots of fresh fruit and vegetables -- and excercise. Lots of excercise, that fatigues the muscles. Then excercising, try and use variable resistance, and constant time. Do not bounce or jerk. Do breathe. Your maximum attainable heart rate = (220 - your age). Goal should be 70% of that number. He showed us simple excercises that can be done in the workplace for 6 to 12 minutes a day, creating happy workers, with less stree, in better physical condition -and having fewer Workman's Compensation claims.

#### NOTE!!

The club meeting for February 14, 1996 will be at the Frankfort Civic Center.

## Just A Friendly Reminder!

If you haven't paid your dues statement, DOIT-NOW!

## MAKE-UPS FOR JANUARY 24th

Bill Aitken Pat Badgett Jim Brockman David Cobb Roger Coomes Charles Hinds Frank Sower Chuck Willis Bill Yount

Chuck Ellestad Ed Hatchett, Jr.

ATTENDANCE PERCENTAGE: 90.32%

If you miss 4 straight meetings (without approved leave), or if your percentage is under 60% for six months or less than 30% of your attendance is at your home club, then your member ship is automatically terminated.

The following Rotarians need make-ups for JANUARY 31st:

Don Armstrong Jose Bollar Jim Brockman Russ Cave Ted Collins Roger Crittenden Ed Dance Ron Durham, Jr. Gerard Fee Barry Holder Elliott Jones

Mike Lile Tom Potts Frank Sower John Sower Gary Straub Amanda Storment Ron Tyrer Chuck Willis Bill Yount

This attendance column is published for your information. If you see any errors call Paula Rarden, 223-3401.

## THOUGHT FOR THE DAY

God has given us two hands - one for receiving and the other for giving.

#### VISITING ROTARIANS

Walter Baker Jim Wolcott Bob Kincer

Glasgow Owenton Lawrenceburg

## WANT TO BECOME A MORE ACTIVE ROTARIAN?

Here are some things you can do: (1) arrive early and get acquainted with Rotarians you should know better, (2) take time to thank the speaker and others on the program, (3) pat the president on the back once in a while, (4) be sure your attendance is better than the club average (96% is hard to beat), (5) watch for new members and visiting Rotarians to greet and meet and invite them to sit with you, (6) introduce them to other members, (7) visit other Rotary clubs (there are many in the area), compliment the chairpersons of committees who are doing a good job. Any of these things will make you a more involved Rotarian.

## GEORGIA, USA ROTARIANS WELCOME YOU TO ATLANTA AND THE 1996 OLYMPIC GAMES.

Rotary Districts 6900, 6910 and 6920 covering the State of Georgia, USA - invite you, your family and friends to share the fellowship of Rotary with a private Home Stay in Georgia during the Olympic Games, from 9 July to 10 August, 1996. Call the Rotary Office for details.



#### YEARS OF PERFECT ATTENDANCE **BILL YOUNT** FRANK SOWER ASA TIPTON . LEN SHIRRELL ED DAVIS . **HUB PERDEW CHARLIE HINDS** BARRY K. HOLDER, SR. OLLIE LEATHERS **DUANE ELLIS** LEROY SMITH BILL MILLER TERRY SHOCKLEY

42 YEARS 42 YEARS 42 YEARS 35 YEARS 32 YEARS 22 YEARS 21 YEARS 21 YEARS 21 YEARS 19 YEARS 14 YEARS 14 YEARS 13 YEARS DEAN SORG. SHERRILL SMITH . TED COLLINS ...... 13 YEARS 12 YEARS 12 YEARS ED DANCE IACK OWENS 12 YEARS WALLACE KENT 11 YEARS 11 YEARS IIM GRAVES. BARRY K. HOLDER, JR. 10 YEARS JOHN CHENAULT . 10 YEARS 10 YEARS JOHN LOYD 10 YEARS 9 YEARS 9 YEARS JOE RUSSELL JOHNSON CHUCK WILLIS . JIM BROCKMAN 9 YEARS IIM RICHARDSON 9 YEARS FD SPEER . 9 YEARS GUS RIDGEL ...... CARL FUDGE, JR. 9 YEARS 9 YEARS LEE TROUTWINE 8 YEARS **BOB BULLOCK 8 YEARS** ROGER COOMES 8 YEARS 7 YEARS DENNIS KING 7 YEARS ETHEL McCRAY JOHN GILLIG 6 YEARS KURT VEZNER 6 YEARS 6 YEARS JOHN PALMORE BOB JOHNSTON 6 YEARS 5 YEARS 5 YEARS JOHN SOWER LAURA GRAHAM 5 YEARS STEVE DOOLEY GRANVILLE COBLIN . 4 YEARS BILL MAY 4 YEARS 4 YEARS **BILL AITKEN** 4 YEARS RENE SIRIA' 3 YEARS CLAY HULETTE LINDA WIREMAN 3 YEARS 3 YEARS DAVID WELLER 3 YEARS **GREGORY FUCHS** 2 YEARS JOE JOHNSON ... DICK RICHARDS 2 YEARS BILL WINGFIELD 2 YEARS GARY SCOTT .. 2 YEARS HENRY LEADINGHAM ... 2 YEARS 2 YEARS FRANK DAILEY 2 YEARS ANN WINGROVE BILL LEROY . 2 YEARS RON DURHAM, JR. 2 YEARS RICHARD TAYLOR 1 YEAR 1 YEAR POLLY GREEN.

## THE FOUR-WAY TEST

1 YEAR

1 YEAR

1 YEAR

1 YEAR

1 YEAR

1 YEAR 1 YEAR

1 YEAR

Of things we think, say or do

JOHN PAUL

TOM COLTEN.

TOM COCKLEY

NANCY EDWARDS

HAL LEATHERBY

BARBARA HOWARD

PERRY RYAN ...... DON ARMSTRONG .

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Advisory Director ...... Barry K. Holder, Jr.

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