# The FRANKFORTARIAN

ROTARY CLUB OF

FRANKFORT, KENTUCKY

DISTRICT 671 • CLUB NO. 1295 • ORGANIZED DECEMBER 1922

Service Above Self

He Profits Most Who Serves Best

VOL. NO.\_XVII

DECEMBER 1, 1993

**ANNOUNCEMENTS** 

Don't Miss Rotary If You Can't Make Up

RAFFLE: This week's raffle item was donated by Charlie Hinds, it was a Brass Bow and a Box of Rebecca Ruth Candy. The winner was Jack Owens.

RAFFLE ITEM FOR DECEMBER 8th will be donated by Don Hines.

TOTAL RAFFLE COLLECTION: \$42.00

\*

SUPPORT YOUR ROTARY CLUB BUY A RAFFLE TICKET!!!!

# THOUGHT FOR THE DAY

If you want one year of prosperity, grow grain. If you want 10 years of prosperity, grow trees. If you want 100 years of prosperity, grow people. ... Chinese proverb

#### THIS WEEK'S PROGRAM

# NEW OFFICERS FOR 1994-95

President Barry Holder, Jr. President-Elect Jim Richardson Secretary Treasurer Ethel McCray Sergent at Arms Jack Owens Director of Club

Joe Russell Johnson

Director of Community

Service

Ed Dance Service

Director of Vocational

Service Laura Graham

Director of International

Service Denis King Advisory Director John Palmore

I Would like to thank the members of the Nominating Committee for their help and cooperation during the process of selecting the slate of officers. They are:

Chuck Willis John Palmore At Large: Jim Graves Barry Holder Jr. Henry Leadingham Frank Sower Shirrell Smith

#### NEXT WEEK'S PROGRAM

Next week's speaker will be Ron Crouch, Director, Kentucky State Data Center.

#### ATTENDANCE

NOVEMBER 24th

#### Make-Ups For Week of Jose Bollar Joe Hinds Jim Brockman Elliott Jones John Chenault John Paul Laura Graham Ed Speer Edmond Thompson Polly Green

ATTENDANCE PERCENTAGE: 87.04%

If you miss 4 straight meetings (without approved leave), or if your percentage is under 60% for six months or less than 30% of your attendance is at your home club, then your membership is automatically terminated.

The following Rotarians need make-ups for DECEMBER 1st:

Bill Averell	Paul Rice
John Chenault	John Sower
roger Coomes	Ed Speer
Miles Franklin	Jeanne O. Suchane
Greg Fuchs	Ron Tyrer
Jim Graves	David Weller
Mike Greenwell	Chuck Willis
Alan Halligan	Bill Yount
Ed Hatchett	
Elliott Jones	
Mike Lile	
Don Nunnelly	

This attendance column is published for your information. If you see any errors call Paula Rarden, 223-3401.

# GUEST OF ROTARIANS

Lisa Stutzenberger Len Shirrell

#### VISITING ROTARIANS

Walter Baker	Glasgow
Bill Evans	Lexington
John Colby	Littleton, N

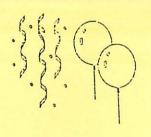


CONGRATULATIONS to the following Rotarians who received their perfect attendance pins for DECEMBER 1993:

41	Years
5	11
1	11
2	11
6	"
	5 1 2

HAPPY BIRTHDAY to those Rotarians who will celebrate their birthdays in DECEMBER:

Tom Isaac Henry Leadingham Jim Richardson David Sandidge Frank Sower Edmond Thompson Linda Wireman Mike Lile Stan Head Jim Brockman



**WEAR YOUR ROTARY PIN** DAILY

YEARS OF PERFECT ATTENDANCE			
BILL YOUNT	47 YEARS		
FRANK SOWER	47 YEARS		
ASA TIPTON			
LEN SHIRRELL			
ED DAVIS			
HUB PERDEW	33 YEARS		
ANDY THOMPSON	32 YEARS		
CHARLIE HINDS	30 YEARS		
TOM ISAAC			
BARRY K. HOLDER	20 YEARS		
OLLIE LEATHERS	19 YEARS		
JIM SMITH			
DUANE ELLIS	19 YEARS		
LEROY SMITH	17 YEARS		
TOM CROSSMAN	13 YEARS		
TED COLLINS	12 YEARS		
BILL MILLER	12 YEARS		
TERRY SHOCKLEY	12 YEARS		
WALLACE KENT	11 YEARS		
	11 YEARS		
001101111111111111111111111111111111111	11 YEARS		
SHERRILL SMITH			
ED DANCE			
JIM GRAVES	9 YEARS		
JOHN CHENAULT	8 YEARS		
RB BROWN	8 YEARS		
BARRY HOLDER, JR	8 YEARS		
RON TYRER	8 YEARS		
JOHN LOYD	8 YEARS		
JOHN CALLAWAY	7 YEARS		
JOE RUSSELL JOHNSON	7 YEARS		
CHUCK WILLIS	7 YEARS		
JIM RICHARDSON	7 YEARS		
ED SPEER	7 YEARS		
GUS RIDGEL	7 YEARS		
LEE TROUTWINE	6 YEARS		
DENIS KING	6 YEARS 6 YEARS		
BOB BULLOCK	6 YEARS		
ROGER COOMES	5 YEARS		
JOHN SOWER	5 YEARS		
FRED SNYDER	5 YEARS 5 YEARS		
JOHN GILLIG	5 YEARS		
GRANVILLE COBLIN	4 YEARS		
BILL MAY	4 YEARS		
DAVID SANDIDGE	4 YEARS		
KURT VEZNER	4 YEARS		
JOHN PALMORE	4 YEARS		
BOB JOHNSTON	4 YEARS		
JOHN MASON	3 YEARS		
BILL AITKEN	3 YEARS		
LAURA GRAHAM	3 YEARS		
STEVE MASSEY	3 YEARS		
STEVE DOOLEY	3 YEARS		
JOE JOHNSON	2 YEARS		
DICK RICHARDS	2 YEARS		
BILL WINGFIELD	2 YEARS		
RENE SIRIA	2 YEARS		
GARY SCOTT	2 YEARS		
KEN THOMPSON	2 YEARS		
LINDA WIREMAN	2 YEARS		
CARL FUDGE, JR.	2 YEARS		
JACK OWENS	2 YEARS		
RICHARD TAYLOR	1 YEAR		
HENRY LEADINGHAM	1 YEAR		
KEITH KEY	1 YEAR		
DAVID WELLER	1 YEAR		
ANN WINGROVE	1 YEAR		
POLLY GREEN	1 YEAR		
GREGORY FUCHS	1 YEAR		
GILLOUI. I TOU IO IIII IIII IIII IIII IIII IIII			

### THE FOUR-WAY TEST

Of things we think, say or do

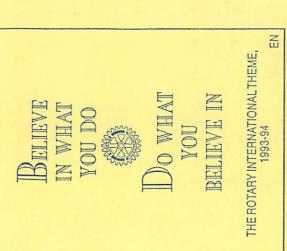
- 1) Is it the TRUTH?
- 2) Is it FAIR to all concerned?
- 3) Will it build GOOD WILL and BETTER FRIENDSHIP &
- 4) Will it be BENEFICIAL to all concerned?

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John & Carol Palmo 2310 Peaks Mill Ro Frankfort, Kentuc

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"Service Above Self"



# ROTARY CLUB OF FRANKFORT

Paula Rarden, Executive Secretary
P.O. Box 93 • Frankfort, Kentucky 40602

Robert R. Barth
ROTARY INTERNATIONAL
Aarau, Switzerland

William B. Bellis, Sr. District 671 Louisville, Kentucky

#### OFFICERS AND BOARD OF DIRECTORS: 1993-1994 OFFICE HOME 800-950-2529 695-3779 564-4886 695-3294 Secretary-Treasurer ..... Ethel McCray 564-2382 223-3549 227-2403 875-3785 Asst. Sergeant-at-Arms ..... Ed Davis 223-0991 223-0991 223-4116 223-4116 227-9611 223-7341 875-8687 227-2029 875-5050 227-4929 Director of International Service ...... Joe Russell Johnson 564-7600 227-7935 Advisory Director ...... Sherrill Grant Smith 875-8655 695-5545 223-3401 227-9573

**The Frankfortarian** is published weekly by the Rotary Club of Frankfort, Paula Rarden, Frankfort, KY. Subscription price is \$1.00 per year. Second Class Postage Paid at Frankfort, Ky. 40602.

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	Owenton-Smith House 12:10 p.m.
Tuesday:	Georgetown-Golden Corral Steak 12.15 p.m.
	Shelbyville-Centenary United Meth 12:00 noon
Thursday:	Lawrenceburg-Anderson Co. Library 12:00 noon
	Eminence-421 Rest. Market at Pleasureville 7:00 p.m.
	Lexington-Continental Inn 12:00 noon
	Louisville-Galt House 12:10 p.m.
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OF

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VOL. NO. XVII

ISSUE NO. 49

DECEMBER 8, 1993

Don't Miss Rotary If You Can't Make Up

RAFFLE: This week's raffle item was donated by Don Hines, it was a Silver Bowl. The winner was Chuck Willis.

RAFFLE ITEM FOR DECEMBER 15th will be donated by Jim Brockman.

TOTAL RAFFLE COLLECTION: \$47.00

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

SUPPORT YOUR ROTARY
CLUB BUY A RAFFLE TICKET!!!

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*

#### WELCOME TO ROTARY

We welcome the newest member of our club, William Thomas Cockley. William was introduced by Leroy Smith. His classification will be College & Universities - Physical Education.

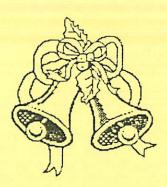
We look forward to sharing Rotary fellowship and service with William in the years to come.

#### THIS WEEK'S PROGRAM

Ron Crouch, director of the Kentucky State Data Center at the University of Louisville, was Rotary's quest speaker. Mr. Crouch has been dubbed "Mr. Data" by The Courier-Journal because of his vast knowledge gleaned from the 1990 census.

Mr. Crouch stated that there are population changes occurring now in the United States that must be responded to. A major problem facing this nation is the aging population — more and more people are between 61 - 100 years old — and how funding for social security and retirement benefits are shrinking.

Mr. Crouch said that during the next 20 years, 80 percent of the total population growth will be in the 65-year and over category. People today are living longer and he suggested that we need to redefine what "old age" means. People are retiring too early, and we should seek solutions in systems that will enable rather than disable people to live longer, healthier, more productive lives.



#### **NEXT WEEK'S PROGRAM**

Next week's speaker will be Art William, President of the Board (a volunteer).

#### ATTENDANCE

# Make-Ups For Week of DECEMBER 1st

John Chenault Ed Speer
Roger Coomes David Weller
Greg Fuchs Chuck Willis
Jim Graves Bill Yount

ATTENDANCE PERCENTAGE: 88.88%

The following Rotarians need make-ups for DECEMBER 8th:

Lois Adams-Rodgers Pat Layton Bill Aitken Hal Leatherby Bill Averell Bill May Pat Badgett Don Nunnelly Jose Bollar Mike Oder Bim Brockman Paul Rice Bob Bullock Dick Richards Ted Collins Ken Thompson Polly Green Bill Wingfield Mike Greenwell Stan Head Don Hines Keith Key

This attendance column is published for your information. If you see any errors call Paula Rarden, 223-3401.

# GUEST OF ROTARIANS

Keith Knapp John Chenault

# FRANKFORT ROTARY CLUB BOARD MEETING

There will be a Board meeting on December 13, 1993 at 5:00 p.m. at the Frankfort Electric and Water Plant Board Office.

#### MEMBERSHIP PROPOSAL

The following individual has been proposed for membership in the Frank-fort Rotary Club:

Dr. Robert "Rob" H. Parrent
Classification: Colleges - Student
Affairs

Proposer: Polly Green

This application has been approved by the Board and is now presented to the membership for your approval.

### COATS FOR KIDS

Bill May needs to collect about \$15,000.00 to purchase approximately 500 new winter coats for needy children in Frankfort. Please help with this worthy project. Please make checks payable to "Coats for Kids", and mail to Bill May, 1121 Collins Lane, Frankfort, KY 40601.

## BELL RINGERS

Don't forget your time and place on Saturday December 18th. Any questions call Asa Tipton, at 223-8714.

# God Bless Your Christmas

God bless your Christmas wherever you are
And keep your courage bright;
For the spirit of man is the candle of God,
And it burns on the darkest night.
God bless your Christmas wherever you are
And keep you stong in faith;
For the spirit of God is the refuge of man
And the light in his dwelling place.
Hazel Adams

YEARS OF PERFECT ATTENDANCE			
Ī	BILL YOUNT	47	YEARS
	FRANK SOWER	47	YEARS
	ASA TIPTON	40	YEARS
	LEN SHIRRELL	40	YEARS
	ED DAVIS	40	YEARS
	HUB PERDEW	33	VEADE
	CHARLIE HINDS	30	VEARS
	TOM ISAAC	20	VEARS
	BARRY K. HOLDER	20	VEARS
	OLLIE LEATHERS	19	YEARS
	JIM SMITH	19	YEARS
	DUANE ELLIS	19	YEARS
	LEROY SMITH	17	YEARS
	TOM CROSSMAN	13	YEARS
	TED COLLINS	12	YEARS
	BILL MILLER		
	TERRY SHOCKLEY		
	WALLACE KENT		
	EDMOND THOMPSON		
	DEAN SORG	!!	YEARS
	SHERRILL SMITH	11	YEARS
	ED DANCE	10	YEARS
	JIM GRAVES		YEARS
	JOHN CHENAULT		YEARS
	RB BROWN		YEARS
	RON TYRER		YEARS
	JOHN LOYD		YEARS
	JOHN CALLAWAY		YEARS
	IOE RUSSELL IOHNSON		YEARS
	CHUCK WILLIS	7	YEARS
	IIM RICHARDSON	7	YEARS
	ED SPEER	7	YEARS
	GUS RIDGEL		YEARS
	LEE TROUTWINE		YEARS
	DENIS KING		YEARS
	BOB BULLOCK		YEARS
	ROGER COOMES		YEARS
	JOHN SOWER		YEARS
	FRED SNYDER		YEARS YEARS
	ETHEL McCRAY		YEARS
	GRANVILLE COBLIN		YEARS
	BILL MAY		YEARS
	DAVID SANDIDGE		YEARS
	KURT VEZNER		YEARS
	JOHN PALMORE		YEARS
	BOB JOHNSTON		YEARS
	JOHN MASON	3	YEARS
	BILL AITKEN	3	YEARS
	LAURA GRAHAM		YEARS
	STEVE MASSEY	3	YEARS
	STEVE DOOLEY	3	YEARS
			YEARS
	DICK RICHARDS	2	
	BILL WINGFIELD	2	YEARS
	RENE SIRIA	2	YEARS
	GARY SCOTT		YEARS
	KEN THOMPSON		YEARS YEARS
	CARL FUDGE, JR.		YEARS
	IACK OWENS		YEARS
	RICHARD TAYLOR		YEAR
	HENRY LEADINGHAM		YEAR
	KEITH KEY		YEAR
	DAVID WELLER		YEAR
	ANN WINGROVE		YEAR
	POLLY GREEN		YEAR
	GREGORY FUCHS		YEAR

#### THE FOUR-WAY TEST

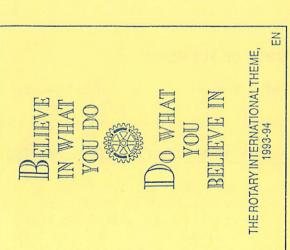
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**ROTARY CLUB** OF

## FRANKFORT, KENTUCKY

DISTRICT 671 • CLUB NO. 1295 • ORGANIZED DECEMBER 1922

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VOL. NO. XVII

ISSUE NO. 50

DECEMBER 15, 1993

#### **ANNOUNCEMENTS**

Don't Miss Rotary If You Can't Make Up

RAFFLE: This week's raffle item was donated by Jim Brockman, it was 5 1994 Calendars by Gene Burch. The winners were Bill Aitken, Jim Graves, John Chenault, Don Hines and Len Shirrell.

RAFFLE ITEM FOR DECEMBER 22nd will be donated by Alan Halligan.

TOTAL RAFFLE COLLECTION: \$46.00

# MEMBERSHIP PROPOSAL

The following individual has been proposed for membership in the Frankfort Rotary Club:

Nancy Edwards

Classification: Farming/Greenhouse -Home Agency

Proposer: Len Shirrell

This application has been approved by the board and is now presented to the membership for your approval.

#### THIS WEEK'S PROGRAM

Our speaker was Art Williams, President of the Board of Directors of SCENIC KENTUCKY. A former Commissioner of the Department of Environmental Protection, Art is now an attorney, and a new Rotarian, in Louisville. Most people know what they do or don't like based on the senses of feel, sounds, and taste. A more subjective problem is that of sight - which SCENIC KENTUCKY is addressing. The problem is "Quality of Life". Kim Klein, the Executive Director of SCENIC KENTUCKY, presented a series of slides showing the contrast between pleasent scenes in Kentucky, and Visual Pollution. A recent study found on a six mile stretch of I-65 between the airport and downtown Louisville, there were 54 bill-boards and 101 advertisements. Too often the mayor looks for alternate routes to avoid the embarrassment of this. SCENIC KENTUCKY is pushing to reduce "sign clutter" and increase the number of trees -- especially in mall parking lots. In Charlotte, NC, a new ordinance calls for every new road to be tree-lined. This is not an easy issue, nor does it have a life or death significance - but - our visual environment impacts our overall "Quality of Life.

GROUP STUDY EXCHANGE TO SWEDEN APRIL 4 - MAY 14, 1994 Team member - Carol Ullerich - Assistant Attorney General, Past President Frankfort Arts Foundation. Alternate - Lisa Stutzenberger

#### **NEXT WEEK'S PROGRAM**

Next week's program will be at the Salvation Army.

#### ATTENDANCE

# Make-Ups For Week of DECEMBER 8th

Bill Aitken	Mike Greenwell
Pat Badgett	Don Hines
Jim Brockman	Keith Key
Bob Bullock	Bill May
Polly Green	Stan Head

ATTENDANCE PERCENTAGE: 85.19%

The following Rotarians need make-ups for DECEMBER 15th:

Lois Adams-Rodger
Roger Crittenden
Ed Davis
Ron Durham, Jr.
Laura Graham
Alan Halligan
Alan Hamilton
Ed Hatchett
Charles Hinds
Joe Hinds
Amanda Hunt
Keith Key
John Loyd
Mike Oder

Carol Palmore Reed Rhorer Paul Rice Rene' Siria Fred Snyder Gary Straub Ken Thompson

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## COATS FOR KIDS

Bill May needs to collect about \$15,000.00 to purchase approximately 500 new winter coats for needy children in Frankfort. Please help with this worthy project. Please make checks payable to "Coats for Kids", and mail to Bill May, 1121 Collins Lane, Frankfort, KY 40601.

# ACTION TAKEN BY THE BOARD ON 12/13/93

(Attended by John Palmore, Jack Owens, Ethel McCray, Sherrill Smith, Jim Richardson, Joe R. Johnson, Pat Badgett. Barry Holder, Jr. and Paula Rarden).

- 1.) Approved the Minutes of the last Board meeting on November 22, 1993.
- 2.) Approved Bill Averell's Leave-of-Absence from December 8, 1993 to January 5, 1994 contingent upon receipt of letter requesting leave.
- 3.) Approved Ron Lee's Leave-of-Absence from December 15, 1993 to April 10, 1994.
- 4.) Approved Honorary Memberships for Lynn Turner and Andy Thompson effective as of June 30, 1993.
- 5.) Assigned Don Armstrong to the Public Relations Committee.
- 6.) Denied ROSM's request for financial assistance.
- 7.) Denied Buckhorn Childrens Foundations requested for financial assistance.
- 8.) Approved Articles of Incorporation for the Frankfort Rotary Youth Fund, Inc.
- 9.) Approved New Member proposal for Nancy Edwards contingent upon no negative response after publication in th bulletin.
- 10.) Acknowledged letter to John Mason in response to his letter requesting a retroactive Leave-of-Absence. The lette stated that the By-Laws precluded this after termination of membership but. incouraged John Mason to seek membership in the club when his scheduled permitted. 12.) Scheduled January 17, 1994 as the next board meeting.

# GUEST OF ROTARIANS

Jill Adams Whitney Gayheart Sara Hammond Jane Brockman Allen Richardson

Interact Jim Brockman

Jim Richardson

#### VEADS OF DEDITION ATTENDANCE

YEARS OF PERFECT ATTENDANCE			
BILL YOUNT	47 YEARS		
FRANK SOWER	47 YEARS		
ASA TIPTON	40 YEARS		
LEN SHIRRELL	40 YEARS		
ED DAVIS	40 YEARS		
HUB PERDEW	33 YEARS		
ANDY THOMPSON	32 YEARS		
CHARLIE HINDS			
TOM ISAAC			
BARRY K. HOLDER			
OLLIE LEATHERS	10 VEARS		
DUANE ELLIS			
LEROY SMITH			
TOM CROSSMAN	17 TEARS		
TED COLLINS			
BILL MILLER			
TERRY SHOCKLEY			
WALLACE KENT			
EDMOND THOMPSON	11 YEARS		
DEAN SORG	11 YEARS		
SHERRILL SMITH	11 YEARS		
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DAVID SANDIDGE	4 YEARS 4 YEARS		
KURT VEZNER			
JOHN PALMORE	4 YEARS		
BOB JOHNSTON	4 YEARS		
JOHN MASON	3 YEARS		
BILL AITKEN	3 YEARS		
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STEVE MASSEY			
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KEN THOMPSON			
LINDA WIREMAN	2 YEARS		
CARL FUDGE, JR.	2 YEARS 2 YEARS		
JACK OWENS			
HENRY LEADINGHAM	1 YEAR		
KEITH KEY			
DAVID WELLER			
ANN WINGROVE	1 YEAR		
POLLY GREEN			
GREGORY FUCHS			

#### THE FOUR-WAY TEST

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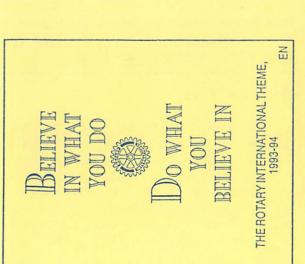
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	Lexington-Continental Inn 12:00 noon
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	Lexington-Continental Inn     12:00 noon       Louisville-Galt House     12:10 p.m.       Capital City-Holiday Inn     6:30 p.m.

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VOL. NO. XVII ISSUE NO. 51
DECEMBER 22, 1993

#### **ANNOUNCEMENTS**

Don't Miss Rotary If You Can't Make Up

RAFFLE: This week's raffle item was donated by Barry Holder, Sr., it was a set of place mats. The winner was Ron Durham, Jr.

RAFFLE ITEM FOR DECEMBER 29th will be donated by Alan Halligan.

TOTAL RAFFLE COLLECTION: \$31.00

SUPPORT YOUR ROTARY CLUB
BUY A RAFFLE TICKET!!!!

# CORRECTION

Last week's bulletin has Nancy Edwards classification as Farming/Greenhouse- Home Agency. The correct classification if Farming - Home Extensisions.



THIS WEEK'S PROGRAM

# WHAT THE WRIE SAVING ALOUD HOUSE VALUE OF THE WRIED FAIR

"Last December, the Telegram & Gazette listed a business announcement seeking professional applicants for a group exchange to northern Italy. Rotary International sponsors this annual trip. I was unfamiliar with the organization and their mission, but I inquired out of curiosity. I had no affiliation with Rotary and was thrilled to be selected as a part of a six-member team.

"I cannot begin to express how wonderful this experience was for me, both professionally and on a personal level. The Rotarians abroad warmly opened up their homes and businesses for us to gain better insight into their culture . . . I am now able to reflect back on the opportunity of a lifetime.

"With all of the difficulties and family hardship surrounding our current economy, I feel it is important to communicate the positive options within our community."

—Florence M. Lucci Group Study Exchange team member Worcester, Massachusetts, USA NEXT WEEK'S PROGRAM

Nexts week's program will be brought to us by Rene Siria.

#### ATTENDANCE

#### Make-Ups For Week of

### DECEMBER 15th

Lois Adams-Rodgers
Ed Davis
Ron Durham, Jr.
Laura Graham
Charles Hinds

Joe Hinds Keith Key John Loyd Carol Palmore Rene Siria

ATTENDANCE PERCENTAGE: 89.81%

If you miss 4 straight meetings (without approved leave), or if your percentage is under 60% for six months or less than 30% of your attendance is at your home club, then your membership is automatically terminated.

The following Rotarians need make-ups for DECEMBER 22nd:

This attendance column is published for

call Paula Rarden, 223-3401.

your information. If you see any errors

Lois Adams-Rodgers Larry Arnett Jose Bollar Jim Bovd Jim Brockman John Callaway Granville Coblin Ted Collins Roger Crittenden Miles Franklin Steven Gale John Gillig Jeff Hackbart Alan Hamilton Ed Hatchett Keith Key

Pat Layton
Bill Leroy
John Loyd
Reed Rhorer
Dick Richars
Gus Ridgel
Gary Scott
William Wilson
Bill Yount

# GUEST OF ROTARIANS

Sherry Holder Mrs. Jim Brockman Barry Holder, Jr. Jim Brockman

# COATS FOR KIDS

Bill May needs to collect about \$15,000.00 to purchase approximately 500 new winter coats for needy children im Frankfort. Please help with this worthy project. Please make checks payable to "Coats for Kids", and mail to Bill May, 1121 Collins Lane, Frankfort, KY 40601.

# KEEPING THE CHRISTMAS SPIRIT

"For many, the holiday spirit and sense of good will passes as soon as the last Christmas gift is unwrapped.

"But we Rotarians are more fortunate; for the spirit of Christmas extends throughout the year in Rotary. It is a spirit of giving to help those in need wherever and whenever the need arises – in our own community or anywhere around the world."

YEARS OF PERFECT ATTENDANCE			
Ī	BILL YOUNT	47	YEARS
	FRANK SOWER	47	YEARS
	ASA TIPTON	40	YEARS
	LEN SHIRRELL	40	YEARS
	ED DAVIS	40	YEARS
	HUB PERDEW	33	YEARS
	ANDY THOMPSON	32	YEAR5
	CHARLIE HINDS		
	TOM ISAAC		
	BARRY K. HOLDER		
	OLLIE LEATHERS		
	JIM SMITH		
	DUANE ELLIS	19	YEARS
	LEROY SMITH	17	YEARS
	TOM CROSSMAN		
	TED COLLINS		
	BILL MILLER	12	YEARS
	TERRY SHOCKLEY	12	YEARS
	WALLACE KENT	11	YEARS
	EDMOND THOMPSON	11	YEARS
	DEAN SORG	11	YEARS
	SHERRILL SMITH	11	YEARS
	ED DANCE	10	YEARS
	IIM GRAVES	9	YEARS
		8	YEARS
	RB BROWN	8	YEARS
	BARRY HOLDER, JR	8	YEARS
	RON TYRER	8	YEARS
	JOHN LOYD		YEARS
	JOHN CALLAWAY	7	YEARS
	JOE RUSSELL JOHNSON		YEARS
	CHUCK WILLIS	7	YEARS
	JIM RICHARDSON	7	YEARS
	ED SPEER	7	YEARS
	GUS RIDGEL	7	YEARS
	LEE TROUTWINE	6	YEARS
	DENIS KING	6	YEARS
	BOB BULLOCK		YEARS
	ROGER COOMES		YEARS
	JOHN SOWER	5	YEARS
	FRED SNYDER	5	YEARS
	JOHN GILLIG	5	YEARS
	ETHEL McCRAY	5	YEARS
	GRANVILLE COBLIN		YEARS
	BILL MAY		YEARS
	DAVID SANDIDGE		YEARS
	KURT VEZNER		YEARS
	JOHN PALMORE		YEARS
	BOB JOHNSTON		YEARS
	JOHN MASON		YEARS
	BILL AITKEN		YEARS
	LAURA GRAHAM	3	YEARS
	STEVE MASSEY		YEARS
	STEVE DOOLEY	3	YEARS
	JOE JOHNSON	2	YEARS
	DICK RICHARDS	2	YEARS
	BILL WINGFIELD		YEARS
	RENE SIRIA	2	YEARS
	GARY SCOTT		YEARS
	KEN THOMPSON		YEARS
	LINDA WIREMAN		YEARS
	CARL FUDGE, JR		YEARS
	JACK OWENS		YEARS
	RICHARD TAYLOR		YEAR
	HENRY LEADINGHAM		YEAR
	KEITH KEY		YEAR
	DAVID WELLER	1	YEAR
	ANN WINGROVE	1	YEAR
	POLLY GREEN	1	YEAR
	GREGORY FUCHS		

#### THE FOUR-WAY TEST

Of things we think, say or do

- 1) Is it the TRUTH?
- 2) Is it FAIR to all concerned?
- 3) Will it build GOOD WILL and BETTER FRIENDSHIP &
- 4) Will it be BENEFICIAL to all concerned?

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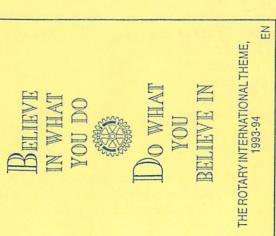
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Paula Rarden P.O. Box 93 Frankfort, Kentucky 40602

Rotary Club of Frankfort

John & Carol Palmore 2310 Peaks Mill Road Frankfort, Kentucky

40601





"Service Above Self"



# THE OFFICIAL BULLETIN OF THE ROTARY CLUB OF FRANKFORT

Paula Rarden, Executive Secretary
P.O. Box 93 • Frankfort, Kentucky 40602

Robert R. Barth
ROTARY INTERNATIONAL
Aarau, Switzerland

William B. Bellis, Sr.
District 671
Louisville, Kentucky

#### OFFICERS AND BOARD OF DIRECTORS: 1993-1994 **OFFICE** HOME 800-950-2529 695-3779 564-4886 695-3294 Secretary-Treasurer ..... Ethel McCray 564-2382 223-3549 875-3785 227-2403 223-0991 223-0991 Asst. Sergeant-at-Arms ..... Ed Davis 223-4116 223-4116 227-9611 223-7341 227-2029 875-8687 875-5050 227-4929 Director of International Service ...... Joe Russell Johnson 564-7600 227-7935 Advisory Director ...... Sherrill Grant Smith 875-8655 695-5545 223-3401 227-9573

**The Frankfortarian** is published weekly by the Rotary Club of Frankfort, Paula Rarden, Frankfort, KY. Subscription price is \$1.00 per year. Second Class Postage Paid at Frankfort, Ky. 40602.

NEIGHBOR	RING CLUBS
Monday:	Versailles-Senior Citizen Center 6:15 p.m.
	Owenton-Smith House
Tuesday:	Georgetown-Golden Corral Steak 12.15 p.m.
	Shelbyville-Centenary United Meth 12:00 noon
Thursday:	Lawrenceburg-Anderson Co. Library 12:00 noon
	Eminence-421 Rest. Market at Pleasureville 7:00 p.m.
	Lexington-Continental Inn 12:00 noon
	Louisville-Galt House
	Capital City-Holiday Inn 6:30 p.m.

Please Direct All Rotary Club Mail to: P.O. BOX 93 FRANKFORT, KENTUCKY 40602

# The FRANKFORTARIAN

ROTARY CLUB OF FRANKFORT, KENTUCKY

DISTRICT 671 • CLUB NO. 1295 • ORGANIZED DECEMBER 1922

Service Above Self

He Profits Most Who Serves Best

VOL. NO. XVII

ISSUE NO. 51

DECEMBER 29, 1993 ANNOUNCEMENTS

Don't Miss Rotary If You Can't Make Up

RAFFLE: This week's raffle item was donated by Barry Holder, Jr., it was a \$25.00 Gift Certificate from Gabriel's Restaurant. The winner was Pat Badgett,

RAFFLE ITEM FOR JANUARY 5th will be donated by Alan Halligan.

TOTAL RAFFLE COLLECTION: \$36.00

SUPPORT YOUR ROTARY CLUB BUY A RAFFLE TICKET!!!!

\*\*\*\*\*\*\*\*\*\*\*\*\*\*

### WELCOME TO ROTARY

We welcome the newest member of our club, Nancy Edwards. Nancy was introduced by Len Shirrell. Her classification will be Agriculture Extension - Home Economics.

We look forward to sharing Rotary fellowship and service with Nancy in the years to come.

#### THIS WEEK'S PROGRAM

The speaker today was Jackie Badgett-Harper, daughter of Pat Badgett. And owner of Jackie & Company, Inc. located at Franklin Square Shopping Center. Jackie spoke about the importance of exercise in the cure and prevention of cardio-vascular disease. She started out giving some shocking statistics. 29% of Kentuckians smoke, which is first in the nation. Everday 27 Kentuckians die of coronary heart disease. 15% have high blood pressure. Jackie spoke about the dangers of hypertension, lack of physical activity, smoking and high blood pressure. Kentucky is 8th in the nation in obesity. She listed several important reasons to exercise: 1.) Lose excess weight, 2.) Relax from tension, 3.) Keeps us physically and mentally alert, 4.) A more congial attituded towards our family and co-workers and 5.) Add years to our life. Three or four times a week we need to do somthing active. We need to exercise our heart muscle like any other body muscle. Lower back pain can be prevented by exercising the abdominal muscles. Jackie and Company has personnal trainers who can design various excercise programs. Drinking water is also important. Jackie & Company has 3 aerobic classes a day. They are at 12:00 p.m., 5:00 p.m. and 6:15 p.m. These are low impact aerobics classes. Jackie then proceeded to demonstrate aerobic exercise technics for the biceps and triceps. It is import to strengthen the stomack to keep our back in shape. NEXT WEEK'S PROGRAM

Next week's speaker will be Jan Arnow, Branch Manager, Kentucky Department of Education. Her topic will be Multicultural Education.

#### ATTENDANCE

Make-Ups For Week of DECEMBER 22nd

Lois Adams-Rodgers Jim Brockman Keith Kev John Loyd Gus Ridgel Bill Yount

ATTENDANCE PERCENTAGE: 82,41%

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The following Rotarians need make-ups for DECEMBER 29th:

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Alan Halligan Alan Hamilton Ed Hatchett Amanda Hunt Ed Janeway Bob Johnston Elliott Jones Wallace Kent Mark Kessinger Pat Layton Mike Lile Bill May Bill Miller Don Nunnelly Mike Oder Tom Potts Reed Rhorer Paul Rice Dick Richards

Continued ...

continued...

Bob Rush Perry Ryan Gary Scott Terry Shockley Fred Snyder Jeanne O. Suchanek Edmond Thompson

Ken Thompson Kurt Vezner William Wilson Ann Wingrove Bill Wingfield

This attendance column is published for your information. If you see any errors call Paula Rarden, 223-3401.

#### VISITING ROTARIANS

Sonny Fentress Lawrenceburg Joseph Hinds Belleville, IL

## CHEST OF ROTARIANS

Pat Badgett Bob Pinney Tom Badgett Julie Graves Katie Brown RB Brown Nancy Edwards Len Shirrell Tom Sower, Jr. Tom Sower

# IN MEMORIAM

We extend our deepest sympathy to Ollie Leathers on the death of his nother.

NOTE: Please, remember our fellow Rotarian Jack Frazee who is in Intensive Care at the Kings Daughter Hospital. Our thoughts and prayers are with him.

SALVATION ARMY - The money, gifts, lunches and fruit & nuts this year given to the Salvation Army totalled \$2,752.00.

YEARS OF PERFECT ATTENDA	N	CE
BILL YOUNT	47	YEARS
FRANK SOWER	47	YEARS
ASA TIPTON	40	YEARS
LEN SHIRRELL	40	YEARS
ED DAVIS	40	YEARS
HUB PERDEW	33	YFARS
ANDY THOMPSON	27	VEARS
CHARLE HINDS	20	VEADS
TOM ISAAC	30	VEARS
BARRY K. HOLDER	20	YEARS
OLUE LEATUEDS	20	YEARS
OLLIE LEATHERS		
JIM SMITH		
DUANE ELLIS	19	YEARS
LEROY SMITH	17	YEARS
TOM CROSSMAN	13	YEARS
TED COLLINS	12	YEARS
BILL MILLER	12	YEARS
TERRY SHOCKLEY	12	YEARS
WALLACE KENT	11	YEARS
EDMOND THOMPSON	11	YEARS
DEAN SORG	11	YEARS
SHERRILL SMITH		
ED DANCE	10	VEARS
JIM GRAVES	0	YEARS
JOHN CHENAULT		YEARS
RB BROWN	0	YEARS
BARRY HOLDER, JR.		
RON TYRER		YEARS
JOHN LOYD		YEARS
JOHN CALLAWAY	7	YEARS
JOE RUSSELL JOHNSON		YEARS
CHUCK WILLIS		YEARS
JIM RICHARDSON		YEARS
ED SPEER		YEARS
GUS RIDGEL	7	YEARS
LEE TROUTWINE	6	YEARS
DENIS KING	6	YEARS
BOB BULLOCK	6	YEARS
ROGER COOMES	6	YEARS
JOHN SOWER		YEARS
FRED SNYDER	5	YEARS
JOHN GILLIG		YEARS
ETHEL McCRAY		YEARS
GRANVILLE COBLIN		YEARS
BILL MAY	4	YEARS
DAVID SANDIDGE		YEARS
KURT VEZNER		YEARS
JOHN PALMORE	7	YEARS
BOR JOUNETON	4	YEARS
BOB JOHNSTON	9	YEARS
BILL AITKEN		YEARS
LAURA GRAHAM		YEARS
STEVE MASSEY		YEARS
STEVE DOOLEY		YEARS
JOE JOHNSON		YEARS
DICK RICHARDS	2	YEARS
BILL WINGFIELD	2	YEARS
RENE SIRIA	2	YEARS
GARY SCOTT	2	YEARS
KEN THOMPSON	2	YEARS
LINDA WIREMAN		YEARS
CARL FUDGE, JR.		YEARS
JACK OWENS	2	YEARS
RICHARD TAYLOR	1	YEAR
HENRY LEADINGHAM	1	YEAR
KEITH KEY	-	YEAR
DAVID WELLER	1	YEAR
ANN WINGROVE		YEAR
POLLY GREEN	1	YEAR
GREGORY FUCHS	1	YEAR

#### THE FOUR-WAY TEST

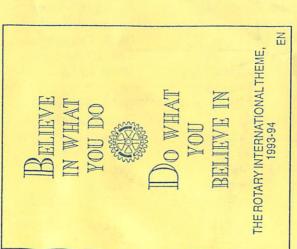
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