

**YEARS OF PERFECT ATTENDANCE**

Frank Sower.....	62 Years
Bill Yount.....	61 Years
Len Shirrell.....	55 Years
Charlie Hinds.....	48 Years
Barry K. Holder.....	36 Years
Duane Ellis.....	34 Years
Terry Shockley.....	28 Years
Bill Miller.....	28 Years
Sherrill Smith.....	27 Years
Dean Sorg.....	26 Years
Ed Dance.....	26 Years
Barry K. Holder, Jr.....	25 Years
Jim Graves.....	24 Years
Joe Russell Johnson.....	24 Years
Jim Richardson.....	23 Years
Gus Ridgel.....	23 Years
Lee Troutwine.....	23 Years
Bob Bullock.....	22 Years
John Palmore.....	20 Years
Steve Dooley.....	19 Years
Rene Siria.....	18 Years
John Chenault.....	16 Years
Clay Hulette.....	16 Years
David Weller.....	16 Years
Polly Green.....	15 Years
Nancy Edwards.....	15 Years
Pat Badgett.....	14 Years
Don Dykman.....	14 Years
John Loyd.....	13 Years
Ted Collins.....	12 Years
Wallace Kent.....	11 Years
Bob Johnston.....	11 Years
Dennis VanHorn.....	11 Years
RB Brown.....	10 Years
Ron Christopher.....	11 Years
Gregory Fuchs.....	10 Years
Richard Boyer.....	9 Years
Richard Taylor.....	8 Years
Tom Braun.....	8 Years
Richard Watkins.....	8 Years
John Sower.....	5 Years
Bobbye Brown.....	5 Years
Arthur Kelly.....	5 Years
Joyce Honaker.....	4 Years
Sallie Lanham.....	3 Years
Carol Palmore.....	3 Years
Orman Wright.....	3 Years
Ed Hatchett, Jr.....	2 Years
Michael Linn.....	2 Years
Sarah Gowins.....	1 Year
James Shepherd.....	1 Year
Jim Wolcott.....	1 Year
William Webb.....	1 Year

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# THE *Frankfortarian*

**THE OFFICIAL BULLETIN OF THE  
ROTARY CLUB OF FRANKFORT**

P.O. Box 93, Frankfort, KY 40602

The weekly meeting of the Frankfort Rotary Club  
airs on Cable 10 at 7pm Monday and 9am Tuesday

**OFFICERS AND BOARD OF DIRECTORS: 2009-10**

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ROTARY INTERNATIONAL  
Scotland  
Chuck Cicchella, Shelbyville, KY  
Governor of District 6710

**The Rotary Club of Frankfort Meets Every  
Wednesday at the Capital Plaza Hotel  
From 11:45 a.m. Until 1:00 p.m.**

**Frankfort Rotary Club website:  
<http://www.frankfort-rotary.org>  
The URL for the district website is  
<http://www.rotarydistrict6710.org>  
Rotary International Website is  
<http://www.rotary.org/>**

**NEIGHBORING CLUBS**

<b>Monday:</b>	Eminence-Henry County Public Library .....	12:00 noon
	Owenton-Smith House .....	12:10 p.m.
<b>Tuesday:</b>	Lexington Sunshine-LaFayette Club .....	7:00 a.m.
	Georgetown-G'town College Ldshp Trn Cnt. ....	12:00 noon
	Shelbyville-Centenary United Meth. ....	12:00 noon
	Versailles-At the Hospital .....	12:00 noon
<b>Thursday:</b>	Lawrenceburg-Anderson Public Library .....	12:00 noon
	Lexington-Fasig Tipton.....	12:00 noon
	Louisville-Galt House .....	12:10 p.m.

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THE  
*Frankfortarian*

ROTARY CLUB  
OF  
FRANKFORT, KENTUCKY

DISTRICT 6710 • CLUB NO. 3717 • ORGANIZED DECEMBER 1922

*Service Above Self*

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**October 7, 2009**

*Next Week's Speaker...*

LaDonna H. Thompson - Government Leader - (First female ever) Commissioner, Kentucky Department of Corrections (<http://www.corrections.ky.gov/about/>)

Thompson was a 2007 recipient of the "Breaking the Glass Ceiling" Award presented by the National Center for Women and Policing, and was selected as a participant in the 2006 NIC Executive Leadership for Women class.

—ALSO—

**New Member Orientation**

There will be a New Member Orientation for all new members that haven't attended one. This is the first of two meetings – the second will be during the following week's meeting, on Oct. 21. It will take place at the Glass Room (adjacent to the waterfall at the hotel) same time the regular Wednesday meeting is going on. If you have any questions please contact Don Dykman at 502-226-1948.

Opening Exercise..... Fred Snyder  
Greeter ..... Clay Hulette

**Make-ups for Sept. 30**

Pat Badgett                      Bob Johnston  
Richard Boyer                 John Sower  
Ed Dance                         David Weller

**Attendance Percentage: 73%**

**Make-ups Needed for Oct. 7**

Pat Badgett                      William Legg  
Michael Ball                    Phyllis Liebman  
Brian Booth                     Larry Luebbers  
Josua Brand                     Ann Maenza  
Olivia Brittian                 Tony Massey  
Ron Bryant                      Jason Middleton  
Bob Bullock                     John Norfleet  
Randal Cornett                Chris Olds  
Boyce Crocker                 Chip Peal  
Gary Crumbaugh              Tim Rose  
Charles Dickinson            Bob Rush  
Steve Dooley                    Fred Snyder  
William Elam                    John Sower  
Steven Gale                     Dave Steele  
Sarah Gowins                  Richard Taylor  
Clay Hulette                     Dennis Van Horn  
Bob Johnston

**This Week's Speaker...**

The speaker for the day was Debra Ison who is Business/Health Care Leader, physical Therapist and Director of Rehabilitation for Saint Joseph Hospital. Part of her duties include



**Debra Ison, speaker for the day, poses with October program chair RB Brown**

rehabilitation services and occupational and speech therapy. The goal is to return patients to function as well or almost as well as before. The two Kentucky schools that offer degrees in physical therapy are at the University of Kentucky and Bellarmine College. She tries to keep her turnover low and has a \$13 million budget. To learn about the administration end of giving care she went back to graduate school and got a degree in Administration. The aim is to intervene in the quality of patient care. Although there is about a 50/50 ratio in women to men in the profession, she has run into quite a bit of gender bias. She has attempted to counter this by earning a Fellowship in graduate school. Debra told some humorous stories about the bias she has encountered as a woman both in school and in her profession. There is a misconception that women are followers and not leaders. It has been her experience there are three ingredients to being an effective leader: (1) Integrity. Staff members need to know that you are fair and fairness and transparency are important for integrity and developing leadership skills; (2) It is important that one have knowledge of his area of expertise; (3) Finally, a good leader must have good communication skills by both listening to others and communicating both to staff and patients.

**Rotary Picnic Date Change**

If you plan on attending the October 18 Rotary picnic at Lee Troutwine's, please call, e-mail, or see Joyce Honaker by October 14. If you signed up for the 9/27 picnic but can't attend on 10/18, please let Joyce know. Those coming need to bring a side dish and something to sit on.

**Happy Birthday!**

Happy Birthday to fellow Rotarians Pat Badgett, Steve Dooley, Charlie Hinds, Barry Holder, Jr., Larry Luebbers, Tony Massey and John Sower, who celebrate their birthdays in October.



**Greeter Polly Green welcomes Nancy Edwards to Rotary**

**A Thought For Today:**

Never, never be afraid to do what's right, especially if the well-being of a person or animal is at stake. Society's punishments are small compared to the wounds we inflict on our soul when we look the other way. -Martin Luther King Jr., civil-rights leader (1929-1968)



**Cox Speaks at Rotary**

Nash Cox spoke at the VFW make-up meeting last Monday about a book she wrote and researched along with Becky Bolton and Sallie Lanham. It is about Frankfort and Franklin County families before 1860. Families with ancestors who resided here before that time were invited to bring portraits and memorabilia for inclusion in the book about early Frankfort families. She poses here with program chair Joyce Honaker.