

Hawaii club hits it out of the park

from www.rotary.org

Trade winds off the Pacific Ocean soothe the town of Kailua-Kona on the Big Island of Hawaii, USA. Every Thursday at noon, such tropical warmth greets the Rotary Club of Kona, which meets at the Royal Kona Resort, home to the iconic Don the Beachcomber restaurant.

The Rotarians do not partake in the legendary Mai Tai cocktail invented by Donn Beach. This group orders iced tea. The Kona club would rather think than drink.

The club has renovated the nearby Higashihara Park, including a complete restoration of its playground. Keeping fit is no small deal in Hawaii, whose native jocks include U.S. president and hoopster Barack Obama, Philadelphia Phillies outfielder Shane Victorino, golfer Michelle Wie, and Seattle Seahawks rookie center Max Unger.

Kailua-Kona is home to the Ford Ironman World Championship, and the Ironman Foundation matched the club’s \$10,000 donation to launch the project. The triathlon combines a 2.4-mile swim in the Pacific with 112 miles of biking across the Big Island’s windy lava fields and a 26.2-mile marathon. You need a lot of parks to train for that.

More than 20 participants in the program toiled alongside professionals to build fences and install playground equipment, donating 7,000 hours. The project cost \$73,000, Kopp says, but “probably has a value of \$300,000. And I don’t stretch numbers, by the way.”

The park boasts lush native plants chosen by horticulturists from the University of Hawaii: Polynesian arrowroot, hibiscus, and fragrant, low-spreading ‘ohai, along with taro and sweet potatoes in a vegetable garden. Because of the Kona club’s work, kids of all ages can now play in paradise.

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THE
Frankfortarian

THE OFFICIAL BULLETIN OF THE
ROTARY CLUB OF FRANKFORT

P.O. Box 93, Frankfort, KY 40602

The weekly meeting of the Frankfort Rotary Club
airs on Cable 10 at 7pm Monday and 9am Tuesday

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NEIGHBORING CLUBS

Monday:	Eminence-Henry County Public Library	12:00 noon
	Owenton-Smith House	12:10 p.m.
Tuesday:	Lexington Sunshine-LaFayette Club	7:00 a.m.
	Georgetown-G'town College Ldshp Trn Cnt.	12:00 noon
	Shelbyville-Centenary United Meth.....	12:00 noon
	Versailles-At the Hospital	12:00 noon
Thursday:	Lawrenceburg-Anderson Public Library	12:00 noon
	Lexington-Fasig Tipton.....	12:00 noon
	Louisville-Galt House	12:10 p.m.

The Rotary Club of Frankfort Meets Every
Wednesday at the Capital Plaza Hotel
From 11:45 a.m. Until 1:00 p.m.

Frankfort Rotary Club website:
<http://www.frankfort-rotary.org>
The URL for the district website is
<http://www.rotarydistrict6710.org>
Rotary International Website is
<http://www.rotary.org/>

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Service Above Self

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Next Week's Speaker...

Debra Ison is the Business/Health Care Leader, Physical Therapist and Director of Rehabilitation for Saint Joseph Hospital (4 units). Debra supervises a total staff of 127 employees. She is also a Certified Lay Speaker with First United Methodist Church in Frankfort.

<http://www.saintjosephhealthcare.org>



Greeter Orman Wright (center) welcomes Jane Johnson and Randy Roberts to Rotary.

Opening Exercise..... Phyllis Liebman
Greeter Richard Boyer

Make-ups for Sept. 23

Clay Hulette John Palmore
Carol Palmore

Attendance Percentage: 65%

Make-ups for Sept. 30

Larry Avent	William Legg
Pat Badgett	Phyllis Liebman
Brian Booth	Larry Luebbers
Richard Boyer	Tony Massey
Joshua Brand	Jason Middleton
Ron Bryant	Wayne Onkst
Ted Collins	Josian Passalacqua
Randal Cornett	Chip Peal
Boyce Cornett	Tim Rose
Ed Dance	Bob Rush
Bryan Dill	Fred Snyder
Gregory Fuchs	John Sower
Sarah Gowins	Kyle Thompson
Christina Harrison	Richard Watkins
Joyce Honaker	David Weller
Bob Johnston	

This Week's Speaker...

The speaker for the day was First Lady Jane Beshear. She asked what we could do for the environment. For one thing we can reuse refuse and recycle. The key word here is sustainability and we should use a variety of alternative technologies available around the world. There are various strategies we can use: (1) Improve the efficiency of our homes and offices; (2) Promote energy efficiency and conservation. This is where the "Green Team" comes into play. We must educate citizens on how to become more environmentally friendly. Pursuant to these goals, she has developed a number of initiatives: (1) Starting with the Governor's Mansion, she has seen to increasing efficient equipment such as the purchase of hybrid autos. She has expanded the recycle



Speaker First Lady Jane Beshear poses with program chair Sellus Wilder (left) and President Dennis.

program, and replaced old light bulbs with more efficient ones. (2) Another initiative is using Kentucky Proud products, and her staff shops at the local Farmers' Market. Consumers can buy food right from the farmer. (3) She has begun a Farmers' Market right on the Capitol grounds, and when one buys local foods, they help their health, the environment and the economy. There are some 120 Farmers' Markets across the Commonwealth. (4) We have Green Team film festivals and our own filmmaker Sellus Wilder has won an award. (5) Yet another initiative involves the Governor's Garden up at Berry Hill, which serves as a model on what can be grown in one's back yard. Many of the crops are donated to the local soup kitchen. In promoting access to a healthy diet, county extension agents have these types of plans on hand. (6) State government is operating an energy-efficient program, and buildings under the control of the Finance Cabinet have their lights out or dimmed in the evenings. (7) Another initiative involves designing new public facilities. All these initiatives show a commitment to achieving these goals. They reduce the state's consumption and educate the public. There are many individual steps we all can take if we work together to save energy. We can make a common sense difference. The goal is to reduce our carbon footprint and leave the world a better place than we found it. Let us all join the Green Team.

VFW Make-up Meeting

October VFW makeup is October 5. The speaker will be Frankfort historian Nash Cox.

Rotary Picnic Date Change

If you plan on attending the October 18 Rotary picnic at Lee Troutwine's, please call, e-mail, or see Joyce Honaker by October 14. If you signed up for the 9/27 picnic but can't attend on 10/18, please let Joyce know. Those coming need to bring a side dish and something to sit on.

New Member Orientation

There will be a New Member Orientation for all new members that haven't attended one. The first meetings will be October 14 and will finish up on October 21. This will take place at the Glass Room (adjacent to the waterfall at the hotel) same time the regular Wednesday meeting is going on. If you have any questions please contact Don Dykman (502-226-1948).



The entire Sellus Wilder clan attended Rotary and were honored to pose with Pastor Kent. Sellus had a great months of programs on the theme of sustainability and protecting the environment.