

Board Action Aug. 18, 2008

Attending: Richard Boyer, Dennis VanHorn, Nancy Edwards, Kit Walden, Christine Harrison, Mark Hampton, Don Dykman, Randy Roberts, and Paula Rarden.

- Approved the minutes from the July 21 board meeting.
- Approved leave-of-absence for Michael Vaughn 7/1/08 to 12/31/08.
- Approved leave-of-absence for Richard Taylor 7/1/08 to 12/31/08.
- Approved the Finance Report for July 2008 presented by Mark Hampton.
- Listened to President-Elects report from Dennis VanHorn. He discussed the membership committee was going as planned.
- Approved new members Jason Middleton and Sellus Wilder contingent upon no negative response after publication in the newsletter.
- Listened to report from Club Service Director, Nancy Edwards. She noted the new Directory should be going to the publishers in the next two weeks.
- Listened to report from International Service Director, Christina Harrison. She noted this year's goal for Rotary International contribution will be \$11,000 for the club and the Silent Action goal to be collected is set for \$5,000.
- Listened to report from Don Dykman on the Rotary Leadership Institute scheduled for September 20, 2008 in Lexington at the Ramada Inn on Paris Pike.
- Discussed the possibility of sending the weekly newsletter out by e-mail to those members wanting to receive it that way. Paula will check with the Post Office to see if the club has to send a certain number of paper copies weekly for the periodical rate.
- Scheduled the next board meeting for September 15, 2008.

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 at FRANKFORT, KY 40601



THE Frankfortarian

**THE OFFICIAL BULLETIN OF THE
ROTARY CLUB OF FRANKFORT**

P.O. Box 93, Frankfort, KY 40602

The weekly meeting of the Frankfort Rotary Club
airs on Cable 10 at 7pm Monday and 9am Tuesday

OFFICERS AND BOARD OF DIRECTORS: 2008-09

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Dong-Kurn Lee, President
 ROTARY INTERNATIONAL
 Seoul Hangang, Korea
 Terry Shockley, Governor
 District 6710

**The Rotary Club of Frankfort Meets Every
Wednesday at the Capital Plaza Hotel
From 11:45 a.m. Until 1:00 p.m.**

**Frankfort Rotary Club website:
<http://www.frankfort-rotary.org>
 The URL for the district website is
<http://www.rotarydistrict6710.org>
 Rotary International Website is
<http://www.rotary.org/>**

NEIGHBORING CLUBS

Monday:	Eminence-Henry County Public Library	12:00 noon
	Owenton-Smith House	12:10 p.m.
Tuesday:	Lexington Sunshine-LaFayette Club	7:00 a.m.
	Georgetown-G'town College Ldshp Trn Cnt.	12:00 noon
	Shelbyville-Centenary United Meth.....	12:00 noon
	Versailles- At the Hospital	12:00 noon
Thursday:	Lawrenceburg-Anderson Public Library.....	12:00 noon
	Lexington-Fasig Tipton.....	12:00 noon
	Louisville-Galt House	12:10 p.m.
Friday:	Capital Sunrise-Capital Plaza Hotel	7:00 a.m.

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THE
Frankfortarian

ROTARY CLUB
OF
FRANKFORT, KENTUCKY

DISTRICT 6710 • CLUB NO. 3717 • ORGANIZED DECEMBER 1922

Service Above Self

VOL. NO. XXXIII

ISSUE NO. 34

August 20, 2008

Next Week's Program...

Naturalist **Steve Gilbert** has been at Cumberland Falls State Resort Park since October 1995. He graduated in 1992 with a B.S. in Recreation and Park Administration from Eastern Kentucky University. He also attended the University of Louisville from 1992-1994. He has worked at the Louisville Zoo and as a 7th grade science teacher in Louisiana. His interests include camping, native plant gardening, and travel.



Today's speaker Chef Quita Michel stands with Sergeant-at-Arms Randy Roberts.

Opening Exercise..... Joshua Brand
Greeter Charlie Hinds

Make-ups for Aug. 13

Arthur Kelly Dennis VanHorn
James Shepherd Bill Webb

Attendance Percentage: 70.00%

Make-ups Needed for Aug. 20

John Avent Arthur Kelly
Pat Badgett William Legg
Susan Barber Jonathan Mangin
Chris Broaddus Tony Massey
Bobbie Brown Chris Olds
RB Brown Wayne Onkst
Ron Bryant Stewart Page
Ron Christopher Chip Peal
David Cobb Mary Poling
Charles Dickinson Tim Rose
Bryan Dill Bob Rush
William Elam John Shasky
Gary Forman Phillip Shepherd
Gregory Fuchs Len Shirrell
Charles Geveden Kelli Sorg
Polly Green John Sower
James Hale Dave Steele
Martin Hall David Weller
Holly Harris Kent Whitworth
Ed Hatchett, Jr.
Marcie Jeffreys

This Week's Speaker...

The speaker for the day was Chef Quita Michel. She and her family own Holly Hill, Wallace Station and Cleveland's at the Woodford Inn. She stated that she explores certain countries and regions of the world through cooking, and Kentucky is not an exception. A region's culture is expressed through its food. She gave a little of the history of Holly Hill Inn. It was started in 1979 having been leased from the Rouse family who owned it for 100 years when she purchased it in 2000. It was an inn even before

that and has been a place of hospitality for over 200 years. The front porch is 100 years old and the building is located on a 10-acre lot. The property was totally self-supporting and formerly was owned by the Isaac-Parrish family. The Rouse family wanted to keep it open to the public, and therefore sold it with assurances it would stay that way. Chef Michel is totally dedicated to producing Kentucky-grown products, and the mission is to uplift and showcase the community of Midway. She understands what makes Kentucky cuisine special and therefore she obtains uniquely Kentucky food and focuses on Kentucky recipes. She also studies how Indians influenced the food we eat today and examples of wild plants, which have become agricultural crops, include beans, corn, and squash. The Scotch-Irish mastered the art of growing corn and the Scots began home distilling, which we see in the form of moonshine whiskey. The Scots actually introduced home brewing during the American Revolution, which evolved into the bourbon industry of today. Products such as country ham and apple butter came from Virginia as well as fine horses. Although now in decline, tobacco was once the backbone of this state's agriculture. Eating habits are changing today, with fewer people eating meals prepared at home and most eating at restaurants. Unfortunately, farmers are worried because schools are no longer tied to agriculture and are no longer taught as a career. People are moving away from farms and small communities due to a lack of opportunities. She sees her purchases from farmers for her restaurants as a way of keeping people down on the farms. This way, she promotes local agriculture. As tobacco declines, other crops take its place. For example, the aquaculture industry in Kentucky produces good clean shrimp. Wines are also up and coming as a Kentucky-based product. Products served in local restaurants are a local attempt to diversify after the fall of tobacco as a staple

of Kentucky's economy. Finally, she stated that she hoped this snapshot of Kentucky food ways gave the Club an oversight in her efforts to help the agricultural industry through her restaurants buying Kentucky products.

Visitors and Guests

Steve Dooley's guests were Amanda Enochs and Jason Middleton; Joe Johnson's was his mother, Jane Johnson; Clay Hulette's guest was his daughter, Brittany Hulette; Dean Sorg's guest was Tom Wunderlich.

Adopt-A-Highway

The next Adopt-A-Highway program is set for Saturday, September 13 at 9 AM behind the McDonald's on Versailles Road. Please bring gloves and good walking shoes. Garbage bags, poles, and vests will be provided. See Joe Johnson by the registration desk to sign up.

Rotary Day at the Reds

Rotary Day at the Reds. is Saturday, September 20. Tickets are half price to Rotarians. See Joe Johnson if you wish to buy a ticket. We will not be taking a bus to this game, which is against the Brewers.

Host Families Needed

The Frankfort/Franklin County Tourism Commission is looking for host families for the Japan/Kentucky Cultural Exchange to be held October 22-29. If you are interested in providing a room for one of these young people from Japan, please contact Joe Johnson at 695-4560 or the Tourism Commission at 875-8687.

Keeneland Tickets

This year's Keeneland outing will be opening day, October 3. The cost of the tickets is \$35 a person, and there are nine tickets left. Please contact Lee Troutwine at 875-1868.