Continued from inside

Reds Outing is July 18

Tickets are now on sale for the Reds game versus the New York Mets. We will be leaving the Sears parking lot on Friday, July 18 at 4:30 PM. The tickets are \$50 each which includes transportation and admission to the game. There will be door prizes, games and refreshments on the way up and back. We have ordered only 30 tickets so get yours now. See Joe Johnson beside the registration desk.

Military Box

Please remember to bring something for our men and women in the military serving across the seas.

Volunteer Award Nominations Sought

The Frankfort Rotary Club is seeking nominations for the 2007 Frankfort Rotary Volunteer Award. Eligibility requirements: Must not be a Rotarian; Must not be or have been a salaried employee; Period of service as a volunteer in the Frankfort / Franklin County community must have been for five years or longer; As a volunteer, could have been reimbursed for actual expenses such as travel or the purchase of equipment or supplies for the volunteer organization; No age restrictions; Recommendations must be typed and no longer than two pages. **Deadline is June 14, 2008.**

A \$100 contribution will be made to the winner's choice of local charity. For further information please contact Ann Maenza, The State Journal. P. O. Box 368, Frankfort 40601, or call her at 227-4556.

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The weekly meeting of the Frankfort Rotary Club airs on Cable 10 at 7pm Monday and 9am Tuesday

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Wilf Wilkinson, President ROTARY INTERNATIONAL Trenton, ON, Canada

David Weller, Governor District 6710

NEIGHBOR	ING CLUBS		
Monday:	Eminence-Henry County Public Library	12:00	noon
	Owenton-Smith House	12:10	p.m.
Tuesday:	Lexington Sunshine-LaFayette Club	7:00	a.m.
	Georgetown-G'town College Ldshp Trn Cnt.	12:00	noon
	Shelbyville-Centenary United Meth	12:00	noon
	Versailles- At the Hospital	12:00	noon
Thursday:	Lawrenceburg-Anderson Public Library	12:00	noon
	Lexington-Fasig Tipton	12:00	noon
	Louisville-Galt House	12:10	p.m.
Friday:	Capital Sunrise-Capital Plaza Hotel	7:00	a.m.J

The Rotary Club of Frankfort Meets Every Wednesday at the Capital Plaza Hotel From 11:45 a.m. Until 1:00 p.m.

Frankfort Rotary Club website: http://www.frankfort-rotary.org
The URL for the district website is http://www.rotarydistrict6710.org
Rotary International Website is http://www.rotary.org/

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DISTRICT 6710 • CLUB NO. 3717 • ORGANIZED DECEMBER 1922

Service Above Self

VOL. NO. XXXIII

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June 11, 2008

Next Week's Program...

Hannah Helm, representing the Woods and Waters Land Trust. The mission of the Woods and Waters Land Trust is to protect the forested lands and riparian (riverbank) areas in the lower Kentucky River watershed and to promote sustainable land use in the region for the benefit of present and future generations by holding conservation easements or by owning land.

Opening Exercise...... Kent Whitworth
Greeter Dick Watkins

Community Rotaract Club

There will be an organizational meeting for those in the community who may have interest in starting a Community Rotaract Club in Frankfort. It will be Monday, June 23, from 6-7PM in the Community Room at Completely Kentucky. Please spread the word to those you know or come in contact with that might be interested in becoming part of a community service organization for college students and young professionals ages 18-30.

Make-ups for June 4

Ed Dance Rene Siria
Gus Ridgel Sherrill Smith

Attendance Percentage: 27.38%

Make-ups Needed for June 11

Joshua Brand John Norfleet Chris Broaddus Stewart Page Josian Passalacqua Ron Bryant Ted Collins Chip Peal Henry Curtis Mary Poling Gary Forman Tim Rose Sarah Gowins Bob Rush James Hale Phillip Shepherd Holly Harris Dave Steele Wallace Kent Dennis VanHorn

This Week's Speaker...

The speaker for the day was Rev. Chuck Ellestad, Hospice Chaplain. He stated that this is the best job he has had; he loves working with staff and families in his job. Hospice was started by Dame Cicely Saunders 50 years ago in England. The goal of Hospice is to provide the highest quality of care in the last stages of life in a setting of the patient's choosing. Hospice of the Bluegrass is 30 years old and serves 30 counties in this area. 3,500 patients were served last year and over 4,000 families. There are 500 full-time employees. Hospice also provides "extra care" where private persons serve patients and their families. There is also a large group of volunteers who provide companionship if nothing else. He also listed several misunderstandings of Hospice. First, it is not true that Hospice helps only when there is nothing else that can be done for the patient. Anyone struggling with a long-term illness may contact Hospice, which provides palliative rather than curative care. This means that Hospice manages things like pain and stress. Often when the patient feels better he or she gets better. Hospice responds to your requests and you tell us what you want us to do. Examples of this can vary from having toenails clipped to taking a pet to the vet. Hospice sees to the well-being of the patient, who may not always be at the last step of an illness. Sometimes the patient's quality of life dramatically improves. A second myth is that Hospice is only for cancer patients. In fact, less than half have this diagnosis. The procedure is for a doctor to refer a patient, and states that the end of life "may" occur in six months or less. However, Hospice never assumes death will occur within six months. Hospice will stay with a patient as long as there is a disease, although there is reevaluation done every 60 days. Finally, it is a myth that care must be provided in a home setting. Although most stay at home, care is also provided to persons in hospitals, nursing homes, and even to homeless persons. Advanced planning is also done. There is a bereavement service which is provided free of charge. The families will often be assigned a bereavement counselor. While Hospice cannot promise to add days to one's life, it cam promise to add life to one's days. In responding to questions he stated that to be present at a patient's passing is one of the most precious gifts of all. It is a privilege to be present at the threshold of eternity. Persons interested in general support groups should contact the Grief Center in Lexington. Finally, he stated that Dame Saunders was instrumental in bringing Hospice to this country and Hospice care is reimbursed through Medicare. Hospice is cost efficient and is the recipient of generous donations.

Rotary Youth Scholarships

The club recognized this year's scholarship recipients, their guest and guidance counselors. Also, present was Dr. Titi Ufomata represented KSU, sponsor of a Rotary matching scholarship.

Board of Directors Meet

The monthly Board of Directors meeting will be Monday, June 16, 2008, at 5:30 p.m. at the Association of Independent Colleges & Universities, 484 Chenault Road.

Welcome New Members!!!

Name: Phyllis Liebman Address: 453 Blackfoot Frankfort, KY 40601 Hm: 695-1484

Hm: 695-1484 Wk: 226-4946

E-mail: pcliebman@aol.com

Classification: Children's Clothing Retail

Name: Chris Olds

Address: 105 Cave Run Dr. Frankfort, KY 40601

Hm: 319-1162 Wk: 226-6500

E-mail: chris_olds1@hotmail.com

Classification: Law Firm

Visitors and Guests

Chris McKinney was a visiting Rotarian from Bowling Green; Lauren Holder was the guest of Barry Holder; Jason Middleton was the guest of Steve Dooley; Jim Ellis was the guest of Duane Ellis; Cheryl Johnson was the guest of Joe Johnson; Bob Lanham was the guest of Sally Lanham; and Jim Wallace was the guest of Nancy Edwards.



Bob Bullock, Paul Harris Fellow +3 and Bill Webb, new Paul Harris Fellow.